

Tribal School .....	5
Sports .....	8
Education .....	10
Health .....	12
Elders .....	15
Emergency Preparedness .....	20
Police .....	21
Notices .....	23
Family .....	24



# Muckleshoot MONTHLY



Vol. XIV No. I

Muckleshoot Indian Reservation, Wash.

FEBRUARY 15, 2013

## ELECTION RESULTS

### TRIBAL COUNCIL ELECTION

Name	Votes
✓ Mike Jerry Sr.	244
✓ Charlotte Williams	165
✓ Nick Bennett	152
Virgil Spencer	141
Tammy Byars	120
Carl Moses Sr.	109
Mardee Rodrigues	83
Phillip Hamilton	76
Dawn Miller	73
Janet Emery	72
Susan Starr	70
Linda Starr	61
Todd LaClair	51
Greg Swanson	51
Fay Moses	48
Valerie Bellack	44
Angelica L. Roberts	44
Douglas Moses	33
Mike Edwards	32
Fawn James Hutchens	31
Melvin Daniels	27
Tammy James	25
Danny Ames	10
Katherine Arquette	10

*Candidates with equal votes are listed alphabetically*

### SCHOOL BOARD ELECTION

Name	Votes
✓ Michele Rodarte	213
✓ Anita Pedro	204
Elaine "Toots" Baker	202
Sonja Moses-Tuilata	138
Rhonda Cabanas	109
Mary Ann Moses	95
Greg Swanson	87
Luella Sandoval	48
Mary C. Daniels	43
Lillian Daniels	34

## TRIBE CHOOSES ITS LEADERS

### Jerry, Williams and Bennett are elected

MUCKLESHOOT – Following a pattern that's persisted through numerous elections, Muckleshoot voters went to the polls on January 17 and chose to return two incumbents to the Tribal Council while adding one new member.

Mike Jerry Sr. and Charlotte Williams were re-elected with 244 and 165 votes, respectively. Newcomer Nick Bennett, with 152 votes, was the third candidate to make the cut, narrowly edging out two-term incumbent Virgil Spencer, who finished 11 votes behind in fourth place with 141.

Rounding out the "100-plus" group were Tammy Byars with 120 and Carl Moses Sr. with



Mike Jerry Sr.



Charlotte Williams



Nick Bennett

109. From there, it was a 26-vote drop down to Mardee Rodrigues, who tallied 83 votes.

The Tribal Council's newest member, Nick Bennett, currently serves at Director of the Internet Technology (IT) Department at the Muckleshoot Casino. He will be sworn into office in April.

Three Tribal Council seats are up for election each year, and the pattern of two incumbents being

re-elected along with one new member has become well established. The last time there were two new members was when Kerri Marquez and Marcie Elkins were first elected in 2006, and it's been 12 years since all three incumbents were re-elected back in 2001.

Two seats on the Tribal School Board were also on the ballot this year. Muckleshoot Tribal College Academic Affairs

Specialist Michele Rodarte led the field with 213 votes, while the second seat was decided in a cliff-hanger between MIT Human Resources Director Anita Pedro and esteemed Tribal Elder Elaine "Toots" Baker. A scant two-vote margin separated the two as they finished with 204 and 202, respectively. Others finishing in triple digits were Sonja Moses-Tuilata, 138, and Rhonda Cabanas, 109.



**Happy Retirement Dorothy Williams!** Thank you for your 28 years of service!

~ From Muckleshoot Bingo

## Muckleshoot Water Tower Earns 2012 Tank of the Year Runner-Up Honors

KANSAS CITY, Mo. – A 120-foot-tall standpipe on the Muckleshoot Indian Reservation has been selected as a runner-up in the 2012 Tank of the Year competition by the Tnemec Corporation, a leader in the manufacture of industrial coatings since 1921.

Artwork on the steel reservoir was commissioned by Muckleshoot Public Works and painted by Rolf and Peter Goetzinger, who have completed more than two dozen water tank murals in California and the Pacific Northwest since the late 1990s. The brothers also painted the landscape mural on a ground storage tank in Puyallup, Washington, which was another runner-up in this year's Tnemec Tank of the Year competition.

The Muckleshoot design was chosen from more than 200 Tank of the Year nominations and will be featured in Tnemec's 2013 Tank of the Year calendar, along with other runners-up and the winning entry, A 500,000-gallon elevated pedestal water tank on Okaloosa Island, Florida.



## TAX PREPARATION HELP OFFERED AT PHILIP STARR BUILDING



### H&R BLOCK

H&R Block has opened an office in the Philip Starr Building in the Tribal Council Conference room (248, 2A) to prepare tribal members and tribal employees in the preparation of their federal income tax returns.

Office hours are 9:00 a.m. to 5:00 p.m. Between now and February 22, the office will be open Tuesdays, Thursdays, and Fridays, with additional days as needed. From February 25 until April 16 the office will be open Tuesdays and Fridays only.

Call 253-876-3064 to make an appointment for tax preparation, or drop off your tax forms, and pick up your completed return later. Just bring in your tax forms (W-2s, 1099s, Scholarship letters, etc.) and have H&R Block file your taxes electronically.

The Tribal Council has approved the following for you:

- The Tribe will pay up to a maximum of \$130 per return for tribal member households. The immediate discount is only available at the Philip Starr Building H&R Block office.
- Reimbursement of up to \$130 if tribal member has already filed their 2012 tax return at another H&R Block location, or tax preparer. Just bring in the receipt to Finance.
- 20% discount for tribal members and a \$20 discount for all Tribal employees. Coupons will be available at the Finance Front Desk.



**SHERIFF'S DEPARTMENT INVESTIGATING NEGATIVE COMMENTS ABOUT RIBE REPORTS IN NEWS MEDIA**

Several weeks ago there were reports in the local media about a lawsuit filed against the King County Sheriff's office alleging sexual harassment by supervisors in the Department's Special Assault Unit, the office responsible for investigating sexual assault cases. That lawsuit also alleged that one of the unit's supervisors told detectives "not to investigate rape or sexual assault cases that occurred on the Muckleshoot Indian Reservation, because rape happens on the reservation all the time."

When the Tribal Council became aware of these troubling and highly offensive statements we immediately sent a letter to the Sheriff asking that he address our concerns by providing the tribe with his plans to ensure the delivery of high quality police services to our community, including thoroughly and aggressively investigating all allegations of sexual assault or rape.

In response to our letter King County Sheriff John Urquhart attended the February 8<sup>th</sup> Tribal Council meeting to discuss the allegations and describe how he planned to address the Tribe's concerns. The Sheriff assured the council that he takes the allegations seriously and is taking decisive steps to deal with them.

The supervisor who was accused of making the offensive remarks has been removed from the unit. An expanded investigation has been launched to determine who in the Department knew about the allegations and when they knew it. The sheriff also retained a former King County sex-crimes investigator to participate in the investigation.

The Tribal Council wanted the community to know that when we learned of the alleged offensive statements we took immediate steps to address the situation. A copy of the council's letter is provided here for your information. We will continue to monitor the investigation and keep the community informed.

**MUCKLESHOOT TRIBAL COUNCIL**  
 39015 172nd Avenue S.E. • Auburn, Washington 98092-9763  
 (253) 939-3311 • Fax (253) 931-8570

January 18, 2013

**The Honorable John Urquhart**  
 King County Sheriff  
 516 Third Avenue – Room w-150  
 Seattle, WA 98104

Dear Sheriff Urquhart:

I am writing on behalf of the Muckleshoot Tribal Council and all Muckleshoot people to express our deep concern about highly offensive statements attributed to managers in the King County Sheriff's Office Special Assault Unit.

In a recently filed law suit reported by local media it is alleged that a Special Assault Unit supervisor advised officers to "not fully investigate rape or sexual assault cases that occurred on the Muckleshoot Indian Reservation, because rape happens on the reservation all the time." This is very troubling given the violent and traumatic nature of sexual assault, a crime that affects the lives of women, men, children, and families everywhere. All such allegations must be aggressively investigated and prosecuted. The attitude reflected by such a dismissive statement as attributed to the Special Assault Unit supervisor, a position charged with the responsibility of protecting citizens from such crimes, is deserving of a full investigation.

We have had a strong working relationship with King County Sheriff's office for many years. We look forward to continuing that relationship with your office. As newly elected to your position, it is our hope that your leadership will demonstrate a commitment to investigating all allegations of sexual abuse and rape committed against all citizens, including those on the Muckleshoot Indian Reservation. And that you will ensure the alleged statement is not the policy or the practice of the Sexual Assault Unit or any other department within the King County Sheriff's Office authority.

The Tribal Council asks that you share with us your plans to ensure the highest quality of service from King County Sheriff's office to the Muckleshoot Indian Reservation including all allegations of sexual assault or rape are fully and aggressively investigated.

We look forward to hearing from you.

Sincerely,  
  
 Virginia Cross  
 Muckleshoot Tribal Council Chair

Cc: King County Executive Dow Constantine  
 King County Council Chair Larry Gossett

**SUBSCRIBE TO THE MONTHLY...**

*The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:*

**MUCKLESHOOT MONTHLY**  
 39015 - 172nd Ave. SE,  
 Auburn, WA 98092

clip and return

**SUBSCRIPTION REQUEST / ADDRESS UPDATE**

*New subscription*    *Address change*

Name \_\_\_\_\_

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

*If this is an address change, list previous address:*

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

*I am a Muckleshoot tribal member,*  
 *I have ties to the Muckleshoot Tribal Community*

Please explain:  
 \_\_\_\_\_

**THANK YOU FROM CHARLOTTE**

Thanks to all the tribal members who voted in the tribal election and thanks to those who encouraged others to vote. I enjoyed hearing the excellent ideas from everyone who talked to me during this campaign season. Many of those ideas will be moved forward during the upcoming year(s).



I will continue to serve you and the tribe with my best efforts, knowledge and energy. Muckleshoot is certainly the Best in the Northwest. Many non-native organizations and tribes compliment Muckleshoot for our many programs and the way we take care for each other. All tribal members and community are commended for making our reservation and community the best place to live and work.

All of us want a safe place to live. The council has heard many concerns and complaints regarding burglaries, thefts, drug problems, and abuse. Therefore, the council is working on a solution to these problems that our community faces every day. The council Law and Order committee meets regularly with local law enforcement agencies to discuss our concerns. Currently, a plan is being developed to broaden the scope of the tribal court to help solve some of these problems.

There are many ideas regarding facilities. Right now the council is collecting comments for the proposed community center or multi-purpose building. This facility is slated to be built across the street from the outdoor skate park. There have been many comments that the tribe needs a place for community and family meetings.

The Affordable Care Act (Obama Care) will be effective January 2014. There is much that the tribe and state need to do between now and then. Also, each tribal and community member needs to know what he/she needs to do. This is just a head's up. More information will be sent out to tribal members within the next few months.

Thanks again for voting. Your comments, suggestions, recommendations and input are always welcome.

**PER CAPITA REMINDERS**

1. When you turn 13 or 18 during a Per Cap Distribution and you have Direct Deposit you will need to turn in a New Direct Deposit form for your new Age group otherwise we will cancel your Direct Deposit until we receive a new one. Teen Direct Deposit Form (orange) Adult Direct Deposit Form (brown) or Seniors (green)
2. If you want someone else to pick up your Per capita Check you need to fill out an Authorization Form and have it notarized and turn it into Tax fund. We will not accept forms that are not notarized.
3. If you have closed your Bank Account please notify Tax Fund As Soon As Possible so that we can cancel your Direct Deposit. If you wait and we have already send in your Deposit to the Bank you will have to wait until the Bank sends a letter to Tax Fund stating that the deposit did not go through (this can take 1-5 days), then we have to print you a check. This will delay you getting your money in a timely manner.
4. If you or a family member are incarcerated and want to notify Tax Fund of what you would like us to do with your Per Cap (mail, put in someone else's name, hold it or just want someone to pick it up) We require a letter to be mailed to Tax fund directly from the jail so it is unopened when we receive it. This is the only way Tax Fund will follow the request being made from an incarcerated Tribal Member
5. Things to double check before Per Cap Distribution to make sure Tax Fund and Enrollment has your correct information

- Address Change has been updated
- Your name has changed and you have a Social Security Card showing your new name. Enrollment will need a copy of this before Tax Fund can change in their system.

**Muckleshoot Tribal Council**

Virginia Cross, *Tribal Chair*  
 Mike Jerry Sr., *Vice Chair*  
 Virgil Spencer, *Secretary*  
 Marcie Elkins, *Treasurer*

**Muckleshoot Monthly**  
 John Loftus, Managing Editor  
 39015 172nd Avenue SE  
 Auburn, WA 98092  
 muckleshoot.monthly@yahoo.com

Mark James  
 Kerri Marquez  
 Marie Starr  
 Louie Ungaro  
 Charlotte Williams  
 Nick Bennett, Councilmember-Elect

## WALKING ON...

## Quinn Leon Oliver

Quinn was born July 1, 1986 in Sitka, Alaska and left this world on December 24, 2012 in Auburn, Washington. He is survived by his mother Cherie Gomez of Auburn and his father Brian Martin also of Auburn; his maternal grandmother, Wilma L. Cabanas; his paternal grandmother, Esther Lawson of Sitka, Alaska; two sisters: Alicia Cabanas-Oliver and



Sylena Cabanas-Oliver both of Auburn; two brothers: Shawn Oliver of Tacoma and Dustino Cabanas-Oliver of Auburn; and his Aunt Jolene Fryberg and step-grandmother Jamie Fryberg, both of Tulalip.

He is also survived by his Uncles, Rocky, Warren and Manny Oliver. He was an awesome Uncle to his niece, Noelia Cabanas-Valdevisio and two nephews: Abraham Cabanas-Valdevisio and Malakai Chambers, and a huge extended family which includes the entire Lozier and Daniels and Oliver families throughout the Northwest. He is also survived by his five Aunts in Alaska: Val Barkhoefer, Lisa Keane, Missy Dukouh, Angel Travelstead and Debi Martin.

In was preceded in death by his grandfathers: Charles "Manny" Oliver Jr. and Herbert Martin Jr. his great grandparents: Frank and Elma Lozier; Charles Oliver Sr. and Margaret K. Holmes; plus several cousins.

Quinn was a former student in the Bates Program at the Muckleshoot Tribal College. He was very creative and had a lot of interests, but he especially liked baking. He said he "could make magic with sugar." He started carving when he attended the Virginia Cross Native Education Center with Greg Watson and was a natural-born carver. He liked to carve small canoes which he shared with his family and friends.

A funeral service was held at the Muckleshoot Shaker Church on Saturday, December 28, 2012 with burial at the White Lake Cemetery.

### Thank You from the Oliver / Lozier Family

The Oliver/Lozier family would like to thank everyone for all of the love and support you showed to us during our recent loss. For all of those that brought food, (Lorraine, Sarah, Virginia and Kerri, Verna and Sadie Tammy and Dee Dee, I'm sure there were others – if I forgot anyone, I'm sorry but we appreciate everything that everyone has done for us. To Kerri Marquez and Tammy Byars for being there at the funeral home when we made arrangements, your support means a lot to us.

To Lacey and her crew that did all the shopping, prepared, cooked and served the food, you were a blessing to all of us and we appreciate everything you did. To Roger and LeeRoy for your assistance at the funeral home we Thank you so much. To the pall bearers, thank you all for being there for us, it takes a special kind of person to do what you do, thank you. To the gravediggers who work tirelessly to always do their best in the rain and cold we thank you too. For all of you that returned to the mess hall to share the meal with us and left us with a smile and a hug that meant a lot to us we all appreciated that very much.

Thank you to the entire community that has suffered so many losses in such a short period of time our prayers and blessings go out to each and every one of you. For most of us the Holiday season will never be the same and we will all need extra prayers next year and for all the years that follow. THANK YOU, The Oliver, Lozier and Martin Families

## Eli "Pete" Ward



LaVern James Ward and wife Diane of Oakville, WA; Arvie Kenneth Ward and wife Jean of Auburn; sisters

Eli "Pete" Ward of Enumclaw died January 7, 2013 at the age of 45. He was born July 14, 1967 in Port Angeles, WA. Pete is survived by his mother, Kathy Daniels of Lakewood; stepmother Pam Jackson and husband Wally of Auburn; daughters Salena Jackson and Casey Jackson both of La Push, WA; brothers Tommy Jackson and Phillip Ward, Jr., both of La Push, WA; Joe Wayne Ward of Auburn,

## Landon Shane Simmons



everyone – especially his boys. Landon enjoyed powwows.

He was preceded in death by his grandfather, Ralph Edgar Elkins, Sr. and Aunt Bridget Elouise Simmons. Landon is survived by his mother, Laurel "Lola" Ann Elkins; father, Robert Larry Simmons Sr.; two sons, Wishy Simmons and Silas Simmons, all of Auburn, WA; grandfather, Clarice Tannewasha of Toppenish; brothers, Max Simmons, Tyson Simmons, Robert Simmons, Jr. and sisters, Vanessa Simmons, Ramona Daniels and Gloria Simmons, all of Auburn.

A funeral service was held on December 27, 2012 at the Muckleshoot Shaker Church, followed by burial at the New White Lake Cemetery on the Muckleshoot Reservation. Arrangements were handled through Weeks Funeral Home of Buckley. Please sign the online guest book at [www.weeksfuneralhomes.com](http://www.weeksfuneralhomes.com)

### Brother

I miss my brother....

I miss his smile that would light up a room..

I miss his wonderful hug he gave us every day.

I miss the words, "I love you sister,"

I can still hear him saying this the night before our nightmare began.

I miss having you a part of the family, you're still here in our hearts.

I know you are in Heaven, watching over us...

I know you didn't want to leave us..

You hung on like a true warrior, making sure you said good bye to the family one by one.

Each day I walked into ICU to visit, I saw your eyes light up with the love you feel for the family, and we felt for you.

I am grateful you showed your nephew the joys of fishing. We will keep your memory alive by fishing in your honor.

I will cherish your memory forever, my little brother Landon Shane Simmons.

– Vanessa (Sister) Simmons

## Michael "Mikey" John Sr.

Michael "Mikey" John, Sr. 37 of Auburn died December 19, 2012. He was 37. Mike was the Recreational Coordinator for the Muckleshoot Tribe. He loved coaching the youth and enjoyed softball, basketball and all sports in general, but he was a die-hard Yankee fan. He is preceded in death by his father, Alex John.



Mikey is survived by his mother, Millie White; sons, Tristan John, Zachary Zacapn, Ryan Zacapan, Michael John, Jr and Damon; daughters; Maila Togafau, Ariel and Gabby; brothers, Greg Lezard, Alex John, Jr. and Tyson John and his sister, Cindy Butler. A funeral service was held, Saturday, December 22, 2012, at the Muckleshoot Shaker Church in Auburn, followed by burial at the New White Lake Cemetery.

Jeanette Jackson of La Push, WA, Elizabeth Satiacum and husband Robert of Roy, Colleen Kay Anderson Bob and husband Billy of Auburn, Jennifer Anne Black and husband John of Enumclaw; Virginia Ann Sablen of Roy; Yvonne Aponte of Tacoma; Shawn Laarie Flores of Lakewood; Barbie Lee Conterres of Tacoma; Kathy Kay Ward of Lakewood, and Smitty Fryberg.

He was preceded in death by his father, Phil "Chubby" Ward, brothers Patrick Raymond Lee and Ward Brown; sisters Phyllis Dorene Swain, Julia Rae Thompson, Judy Lynn Ward and Ruth Michelle Ward.

A funeral service was held on January 12, 2013 at the Muckleshoot Shaker Church, followed by burial at New White Lake Cemetery on the Muckleshoot Reservation in Auburn, WA.

## Bernadine "Bernie" Lewis

Bernadine "Bernie" Lewis, 84, of Auburn died Jan. 1, 2013. She was born May 13, 1928 in Carnation, WA to Fred Ross and Nellie Hoptowit. She was a Muckleshoot Tribal member, second to the oldest elder in the tribe.

Bernie is survived by her husband of 39 years, Joe; daughters, Stacy and Joyce Marquard; granddaughter/daughter, Mardee Marquard and grandma's boys Teddy & Chris. She is also survived by six grandchildren, 15 great-grandchildren and many other children including Andrew Bargala, Julius Arms Sr., Leah Tucker, Sam Obrovac, Ryan Oldman and Carolyn White.

Bernie worked for the Muckleshoot Indian Tribe as the bus driver for the Head Start program from 1973 until she retired in the '80's. She loved all children. She would brush their hair, dress them, and hug them as they got on her bus. Bernie always had a houseful of kids. She loved all and treated everyone with love and respect.

A funeral service was held on January 4, 2013, at the Pentecostal Church at Muckleshoot, followed by burial at Enumclaw Evergreen Memorial Park. Weeks' Funeral Home, Buckley, WA, handled the arrangements. Please sign the guest book at: [www.weeksfuneralhomes.com](http://www.weeksfuneralhomes.com)



### In Loving Memory of Frank Simmons Died December 9, 2012

Just a word of Thanks to Jesse McDaniel qne the Gentleman of the Intertribal Warrior Society for coming down and honoring our "Brother Frank Simmons" in Grand Ronde, Oregon! Brother Frank was a Proud Native Veteran! He had the upmost, grateful sense toward the military personnel with a Blue/Infantrymen/Combat Action Ribbon. He bled Marine Corps!

Thank all the members of the community who journeyed to Ronde to pay final respects to Brother (Uncle) Frank. Brother Frank bore first hand witness to the systematical and genocidal erosion of Native Treaty/Human Rights. WE appreciate that you took the time out of your own personal lives to come and help honor our Brother (Uncle) Frank!

Sincerely,

Robert Simmons Sr., Mary Daniels, Ramona Daniels, Robert Simmons Jr., Gloria Simmons & Felix McKay

## Sampson Oliver Michel

Sampson Oliver Michel, 27, of Auburn passed away on December 26, 2012. He was born August 27, 1985 to Allen and Julie in Auburn, WA. Sampson was a racecar driver. He enjoyed hunting, fishing and motorcycles. He was a Native American beader and also was a Grass Dancer. He loved spending time with his children.



Sampson is survived by his wife, Cristina Kilbourne of Enumclaw, WA; sons Talin and Weston Michel, both of Auburn; daughter Cheyanne Begay of Spokane, WA; father Allen Michel of Evans, WA; mother Julie Louie of Auburn; grandparents Shirley Taylor of Auburn and Gary Rupert of Addy, WA; brother Jacques Louie of Auburn sister Rosa Louie of Auburn; and great-grandmother Grace Rupert of Addy, WA.

He was preceded in death by his grandpa Tom Louie Sr., grandma Marcella Swan and grandpa Earl Taylor.

Funeral services were held at the Muckleshoot Penecostal Church and the Inchelium Community Center in Inchelium, WA, followed by burial at Hall Creek Cemetery. Arrangements by Weeks' Funeral Home, Buckley, WA. Please sign the online guest book at [www.weeksfuneralhomes.com](http://www.weeksfuneralhomes.com).



**MEMORIAL  
and  
HEADSTONE BLESSING**  
FOR

**Mary Lynn Ross Sr.**



**March 2nd, 2013 - 9 a.m.**  
At The White Lake Cemetery & Muckleshoot Shaker Church

Headstone blessing will be at 9 a.m. - graveside  
Memorial Dinner and Give Away immediately following  
at the Muckleshoot Shaker Church.

\*\*\*

For more information please contact Theresa Jerry  
253-347-3774 or Little Mary 253-736-4798.

## Trudi Moses: Personnel Committee is here to help

Hello! I'm Trudi Moses and a new member on the Personnel Committee. As a committee member I strive to uphold the policies and procedures to adhere to the Tribe's commitment to serve our Tribal Members with equal opportunity for employment. We take our responsibilities very seriously to advocate for the Tribal Members to ensure that we can have maximum employment of tribal members.

Our Mission is to facilitate a system of fair, accessible, effective and efficient practices that implement the personnel policies established by Human Resources. To encourage employment of tribal members this leads to a successful career with the Tribe.

To extend our services the members of the Personnel committee will be offering assistance to those interested one day a month at the Human Resources. We can assist with completing job applications online, interview skills; resume review and more! Please stop by - we would love to help you! We are available anytime but have blocked out one day a month to better assist everyone. For questions please call 253-939-3311 human resources or my personal phone is 253-350-5703.

### NEED A JOB? NEED HELP??

**We can HELP with: Completing Applications - Resumes - Interview Skills**  
**February 22<sup>nd</sup> - March 29<sup>th</sup> - April 26<sup>th</sup>**  
**At the Human Resources Office,**  
**8:00 AM to 5:00 PM**  
**Contact Personnel committee 253-939-3311**  
**ask for Human Resources.**  
**Hope to see you!**

## Shrimp Harvesting Opportunities



Starting in April 2013, Tribal members will again have the opportunity to harvest the large spot prawns from the depths of Elliott Bay. Each year about ten Muckleshoot fishers participate in the ceremonial and subsistence (C&S) and commercial fisheries. The Tribe has a harvest quota of 2,250

lbs of shrimp which will be divided between a commercial fishery and a C&S fishery.

All Tribal members interested in receiving training in shrimp harvesting or who would like to register for the fisheries should contact the Muckleshoot Fisheries Division at 253-876-3131.

If you are interested in participating in the Commercial fishery you must have a Muckleshoot registered fishing vessel, shrimp pot-hauling equipment, and a minimum of ten legal shrimp pots.

**Please note that commercial shrimpers must sign-up with the Tribe's Fisheries Division by 5:00 PM, Friday, March 15th.**

You can either call the Fisheries Division or visit the Fisheries office (downstairs at the Philip Starr building) and sign-up on the clipboard in the Fisher Registration area. Additional information on shrimp fishing, including the type and costs of the gear required, is available from the Tribe's Shellfish Biologist - Andy Dalton - at 253-876-3131 (or andy.dalton@muckleshoot.nsn.us).



## Clinton Kevin Sam "Bodie"

Clinton Kevin Sam was born February 6, 1962 in Everett, Wash. to William E. Sam Sr. and Carole B Allen. He went to be with his heavenly father December 15, 2012.

Bodie liked taking long walks around Tulalip and Muckleshoot Reservations. He enjoyed going to the casino to play the machines. Bodie enjoyed going fishing and wood-cutting or taking long car rides. He enjoyed the company of his nephews and nieces.

He is survived by his wife Maureen Fryberg, daughter Carole M. Allen; sisters Wanda (Ray) Sam, Augusta (Archie) Lobehan and Jessica (Joe) Myers; brother Stacey (Sherina) Sam; step siblings Donald Allen Jr., Nick Allen and Emma Allen; grandchildren Virginia Allen, Malikai Allen and Jayson Sanchez; and Aunt Jo (Walt) Landert.

He was preceded in death by his parents William Sam Sr. and Carole B. Allen, Step Dad Donald G. Allen, Children Anita Maurice and Clinton Fryberg. Brothers William Sam Jr., and Anthony Sam. Sisters Angela Sam and Loreen Barr.

A funeral service was held on December 19 at the Tulalip Tribal Gym with burial following at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home.



## Ronald William Johnson

Coach Ron Johnson of Neah Bay passed away at Harborview Medical Center in Seattle, Washington, on December 13, 2012. He was 72 years old.

He was born February 15, 1940, to Percy William Johnson and Lorraine Edler Johnson in Seattle. He was raised in Neah Bay and returned to Seattle to achieve his Bachelor of Arts in education from Seattle Pacific University.

Ron married the love of his life, Julia Ann Kwina Swan, on September 22, 1959. The couple spent 53 happy years together.

Ron's two passions were sports and education, and he combined those loves in a long and dedicated career in sports education. He was the president and director of the National Indian Athletic Association, coach at Sheldon Jackson High School in Sitka, Alaska, coach at King's Garden High School in Seattle and a teacher, athletic director and coach in his hometown at Neah Bay High School.

His involvement in his community exceeded the boundaries of his career. He was proud to act as chair for the Makah Cultural Research Center, Makah Lutheran Church, Neah Bay Little League, the Peninsula College Board of Trustees and as an executive board member and president of the West Central District.

Ron is preceded in death by his father, Percy William Johnson; mother Lorraine Eleanor Johnson (née Edler); and sister Barbara Rae Lucas.

He is survived by his loving wife, Julia Johnson; sons Dwayne Glenn (Michelle) Johnson, who has followed in his father's coaching footsteps, and Ronald Percy Johnson; brothers Dale W., William Johnson, Glenn and Keith (Linda) Johnson; and grandchildren Dwayne Glenn Johnson Jr., Dane Christopher, Jacqueline Kay, Julian Alexander, Aaron William and Tristan Lorraine Johnson. He is also survived by numerous nieces and nephews.

A funeral service for family and close friends will take place on Friday, December 21, 2012, at 1 p.m. at Holy Trinity Lutheran Church, 301 East Lopez Avenue, Port Angeles, WA 98362. A public celebration of Ron's life will be held on a later date.

Memorial contributions can be made to the Coach Johnson Scholarship Fund, P.O. Box 187, Neah Bay, WA 98357.



## Thank You from the Family of Gail LaClair

On December 1, 2012 we celebrated the life of our sister, auntie, mom, grandma and friend "Gail Virginia LaClair". That saying, "You don't know what you have until it is gone," is so true. Gail was a big part of all of our lives and we miss her dearly.

From the first day that Gail became ill the community stepped right up to help the family, many came to her house, others came to the hospital, and some stayed with her boys to comfort them. We are all so lucky to live in such a caring community. Whenever we are in need of comfort our community steps right up and gives comfort freely, we are truly blessed. Thanks to all of you that came in our time of need.

We would like to give a special thank you to the cooks for an awesome meal. Also thank you to all of those who donated to Gail's memorial such as Stacy, Toots, Darlene, Denise and Auntie Bernie and Joe.



## Judy Conway Wright

Puyallup Tribal Elder, Judy Conway Wright, 73, of Tacoma, passed away on Friday, February 1, 2013. She was born to the late Frank Conway and Alice Cross Buber on July 11, 1939, in Tacoma. She was instrumental in revitalizing the traditional way of life for the Native community and the Puyallup Tribe. She was an inspiration to all.

Judy is survived by her husband George, of Chiloquin, OR.; her four children: Orlando and his wife Melissa, of Los Angeles; David, of Tacoma; Joe and his wife Lynnette, of Tacoma; and Anlot and her fiancé Greg, of Tacoma; her seven grandchildren and seven great-grandchildren.

Funeral services were held on February 6, 2013, at the Puyallup Tribe's Youth Center, followed by burial will take place at Willard Cemetery in Puyallup, WA.. The Family would like to extend a special note of thanks to Dr. Mark Kozakowski, Dr. Gail Fulton and Father Patrick Twohy for their support and guidance.

*The Puyallup Tribal News published this story about Judy only months before her passing:*

Born July 7, 1939, to Alice and Frank Conway, Judy Wright spent her childhood surrounded by her family in Firwood, Wash.

"It was such a nice time," she recalled, adding that much of her extended family lived on a 40-acre allotment of land belonging to her great-grandfather. "I grew up surrounded by my loving family, and so many cousins. These were all good, hard-working people."

Her uncles spent time farming, along with her mother, who also picked berries. In the evenings, she and the family spent time canning on wooden stoves.

"This is how we got through our winters," Judy said. "My grandmother had a smokehouse and was always smoking salmon. People would often knock on the door and say, 'I think your outhouse is on fire!' because they would see so much smoke nearby."

One of her favorite memories is hitchhiking to Alderton with her brother to participate in the bone games. "I just loved the bone games, and more than anything loved to hear them sing," she said.

"One of the other really great things my mother, uncle

and Ramona Bennett did was start the Puget Sound Indian Dance Club to teach children traditional dance. I don't think anything is more important than teaching your children these things while they're young."

Judy Wright continued on with her schooling and became a licensed practical nurse before moving to Texas for a year and marrying her first husband. She moved back to Tacoma and went back to school to become a legal secretary, and worked in the Tribe's legal department before working in the planning office. After attending business school, she took positions at Pierce County, the Gambling Control Board, and ultimately worked in several capacities for the Tribe for about 30 years.

Judy Wright, a respected Puyallup Tribal historian, also served on Tribal Council and marveled at how far the Tribe has come. "I was on the council before the (land claims) settlement, and the Tribe has gone through enormous changes," she said. "It was different in those days, and we've escalated to finding many people work."

She spent a great deal of time working with the Historic Preservation office, collecting thousands of photos to document and preserve the past. She remarried George Wright more than 31 years ago, and now has three sons and one daughter. "I am so proud of them, they are resourceful, independent, beautiful kids," she said.

In her free time, she enjoys spending time with her family, including her seven grandchildren, five great-grandchildren and many nieces and nephews.

"The Tribe has made it possible for us to have a remarkably good life, and I will always be grateful," she said.





# Tribal School Christmas Program

PHOTOS BY RICHARD VENDIOLA



Here are the December Students of the month...

**Richie Penn** - He is always a good sport. He works hard in class to understand the ideas we are learning.

**Lillianna Ramirez** - Lillianna is a unique 3rd grade student who has a wonderful imagination and a huge heart! She is a very caring student, who does her best in her academics as well as being an amazing example to other students. She is an advanced writer, and independently completes her 3rd grade work. Lillianna is also a wonderful dancer and singer, and all of us enjoy watching her perform ? she is talented in so many ways.

**Martin Reyes** always tries his hardest, especially in math. He strives to improve his scores every day and to do the best he can. Martin's behavior at school has dramatically improved - he is respectful, polite, courteous and helpful. I appreciate his solid attendance and his positive attitude toward learning.

**Edna Lobehan** - Edna is a great student, she is always doing the right thing. She is a strong leader in the classroom and always getting her work done on time.

**Shaleen WhiteEagle** is a nice person who has a lot to be proud of. She is respectful to other students and to all her teachers. She listens carefully and follows directions the first time! She works hard in reading and math, constantly improving her skills. Shaleen is fun to be around and a good friend.

**Danny Sanchez** - Danny gets along with everyone and is a good friend. He takes pride in his work and always does his best!

**Julian Jackson** - Julian has a helpful and happy personality. He is great to have in class. He is very inquisitive and loves to ask questions. Julian has a great sense of humor and we enjoy having him as part of the class.

**Cedar Korndorfer** - Cedar is a respectful and responsible friend. He always takes his time when completing his work to make sure it is done correctly.

**Rand Dobbins** is a great learner. He loves to learn new things and is eager to share what he has learned. Rand is also very helpful. He is quick to volunteer to help his teachers and his friends.

**Esai Adame** - Esai works hard every day and is an example of excellence for others. We are so glad that he decided to join us here at MTS.

**Raistlin Oliver** - He is at school every day! He participates in class. He is honest and tries his best to be a friend!!

**Leeschelle Rojero** - She is a great listener. She finishes her work on time and is a great friend! She is definitely a role model in our classroom!

**HOMework HELP ONLINE**  
<http://www.timeforkids.com/homework-helper>  
<http://kids.yahoo.com/learn>  
<http://www.scholastic.com/kids/homework/>  
<http://kids.usa.gov/>  
<http://www.infoplease.com/homework/>  
[http://kidshealth.org/kid/feeling/school/homework\\_help.html](http://kidshealth.org/kid/feeling/school/homework_help.html)



**Parents/Guardians,**  
**Here is some ways to help our kids be successful.**

C. Michael Aaron, Superintendent of the Muckleshoot Tribal School

**Step 1:** Use "Praise Words", try to use them often with your children. Praise helps to build self-confidence.

**Step 2:** Give compliments every chance you get. We take a lot of things our children do for granted. When they clear the table, do their homework, or feed the dog, say, "Thanks!" Otherwise, you are missing a great chance to reinforce the behavior you want.

**Step 3:** Acknowledge special efforts. Notice when your children do something special, such as display their best manners at a restaurant, dress nicely for school, or say "please" and "thank you" without your coaxing. All of these deserve your praise.

**Step 4:** Recognize each good decision. When your children make the wisest choice in any situation, point it out with a smile and a hug. We are often tempted to compliment from the negative perspective, such as, "It's about time you did it right." This reaction is actually a put-down.

**Step 5:** Avoid put-downs, even as jokes. Children take them seriously. They may not admit it, may even laugh with you, but on some level they believe the put-down is deserved and this contributes to poor self-esteem.

**Step 6:** Praise academic achievements. An "A" is a wonderful grade, but it is not the only grade deserving of praise. Encourage progress by praising all achievements, big and small.

**Step 7:** Don't compare your children. "Your older brother was able to do this faster" only discourages a child and causes resentment. Remember that each child is different and special.

Go Kings! Go Kings! Go Kings!



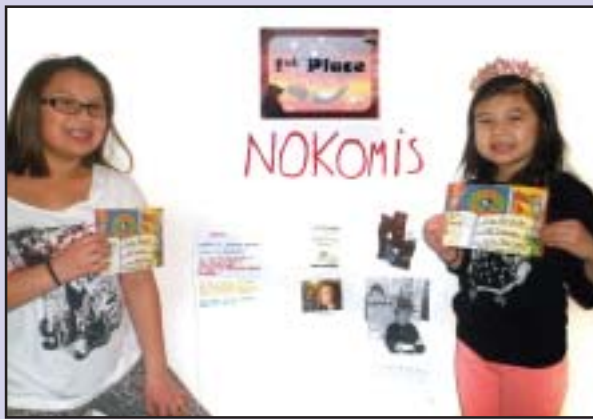
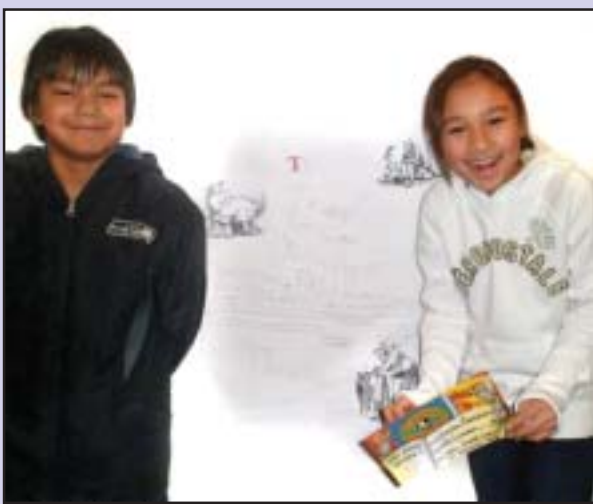
Girl's Middle School Cheer Squad  
 Boy's Middle School Basketball Team



### We Need Your Skills!

If you would like to work with students and staff with a cultural activities or event, please contact Joy Hamilton (Activity Coordinator) or any MTS staff member at 253-931-6709 to offer your assistance.

- ✓ Weaving
- ✓ Carving
- ✓ Net mending/building a net (we have materials)
- ✓ Food preservation
- ✓ Canning
- ✓ Drying
- ✓ Government and Careers in Muckleshoot
- ✓ Come to read with a class or your own student
- ✓ Come join any of our community events



**3<sup>rd</sup> GRADE POSTER CONTEST.** Ms. Cinnamon's 3rd Grade Literature Circle Character Trait Poster Contest Winners! Students created character posters based on the book, *The Birchbark House* by Louise Erdrich. Winners were as follows: 1st place, Olivia Korndorfer, Kalani Thompson; 2nd place, Samantha Bland; 3rd place, Lillianna Ramirez and Izahya Williams.

## EIGHTH GRADERS TOUR UW

Christie Kolbe and I (Erika Gonzalez, MTS Guidance Counselor) took our MTS 8<sup>th</sup> grade students to University of Washington on January 8<sup>th</sup>. The students took a tour of the university and met with representatives from the UW First Nations club.



### My Important Book

Students in Mr. Hawk's seventh and eighth grade language arts classes have been working on a final project that demonstrates not only their organization and good writing skills, but also their focus on the positive qualities of at least five important people in their lives.

Working on pre-planning sheets, students identified family and friends who have had and still have a positive influence on their lives, and then focused on five things for which they especially appreciated the person. They then typed out their entries, decorated the pages with drawings or photos along with a colorful cover and title page, and finished by fastening it all together. On the inside cover a dedication was written to whomever was to receive the book.



Francisco Marquez and Eric Jametski showcasing their completed *My Important Books*

Having read through each of the "My Important Book" entries, Mr. Hawk stated, "I was pleased to see the students really examining their relationships with their chosen people, and the range of activities and feelings they listed as being important to them. Hopefully, the book will be a lasting reminder of the influential people in their lives as well as why they were important at this time in their lives."

### Interested in Volunteering at the Tribal School?

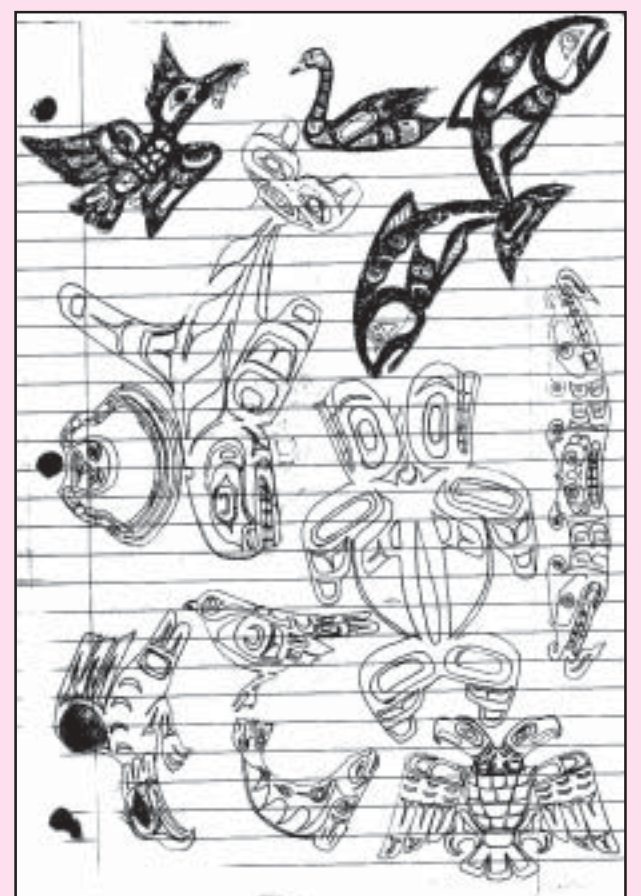
Just for your information, Volunteers for Recess/Playground duty and Bus duty needed at the Tribal School. If you have a desire to volunteer, please see Savannah in Human Resources and she will "adjudicate" you through our UA and background process. Volunteers are always welcome at the Tribal School for other things needed, too. After you are approved through Savannah in HR, contact Will Bill Jr. or Michael Aaron and let them know you are approved through HR and are interested in volunteering.

***"I'm not concerned with your liking or disliking me . . . All I ask is that you respect me as a human being."***

~ Jackie Robinson



**INDEPENDENT LIVING CLASS.** In the Independent Living class at the Muckleshoot Tribal School, students get to learn the basic of cooking and meal preparation. Students learned how to cut up their own chicken breasts and make healthy chicken strips in the oven. They also learned how to make the easy treat of popcorn balls. These are only a few of the labs the students to participate in. At the end of the semester, students made their own cookbooks of the recipes used in class. For the last month of each semester, the classes learn cooking, nutrition, and how to have fun while still being professional in the kitchen. Students are encouraged to show their personality in their work and they showed this when making smoothies. The only instructions for the smoothies: Add ingredients until it tastes good! The students had a wonderful time and showed great skills and intelligence. Their contributions are appreciated!

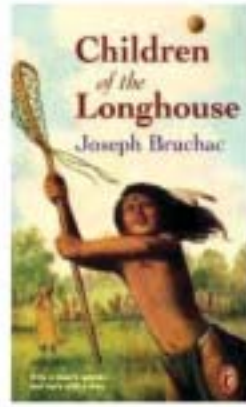
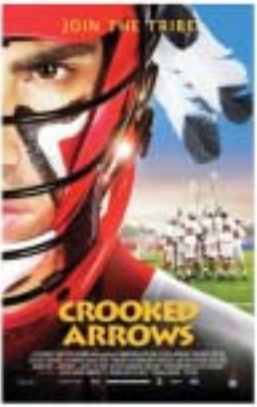


**TRIBAL SCHOOL ARTWORK** Pictured are some images of Coastal Salish artwork that has been completed in middle school and high school Culture class at the Muckleshoot Tribal School. Students began the process by making basic symbols. The second step of the process included tracing an enlarged image of existing artwork using the projector. The images on the scanned notebook paper show the progression of work that was done "freehand" for students who have learned the first two steps. Once students have learned how to re-create existing artwork, they create original works of art, which are often drawn or painted on items such as elk-skin drums.



**Ms. Cinnamon's 3rd grade Classroom - Interdisciplinary Learning**

Ms. Cinnamon's Literature Circle completed their second chapter book! We read *Children of the Longhouse* by Joseph Bruchac. We learned about *Tekwarrathon*, or stickball, which today's game of lacrosse originated from. The game was given to the people by Creator to be played for many reasons such as for fun, for healing, for making Creator happy, or for solving a disagreement. We celebrated our accomplishment by going to see a professional game between the Washington Stealth and the Rochester Knighthawks on a Saturday field trip. The Knighthawks also visited MTS on the 7<sup>th</sup>. We were also fortunate that the movie, "Crooked Arrow", was viewed here before it went out for public viewing.



Author Note: Joseph Bruchac learned a lot from his grandmother, grandfather, and the local farmers and lumberjacks who gathered in his family's store, but it wasn't until he went to college that he heard Native American stories.

<http://www.viewclips.net/crooked-arrows-2012/>, January 29, 2013  
<http://www.scholastic.com/teachers/book/children-longhouse>, January 7, 2013  
[http://www.es.com/a/facts\\_about\\_joseph\\_bbruchac](http://www.es.com/a/facts_about_joseph_bbruchac), January 7, 2013

Below you will find the pictures taken at the various locations that were related to this interdisciplinary learning opportunity. You can also see the whole news article about the Knighthawks visiting the tribal communities here.

<http://www.tribe.com/2013/01/20/knighthawks-visit-tribal-communities-see-sticks-to-hundreds-of-native-people/>, Jan. 28, 2013

**Knighthawks visit Muckleshoot Tribal School**



**Students visit Knighthawks on a Weekend Fieldtrip**



**Christmas Concert December 2012**



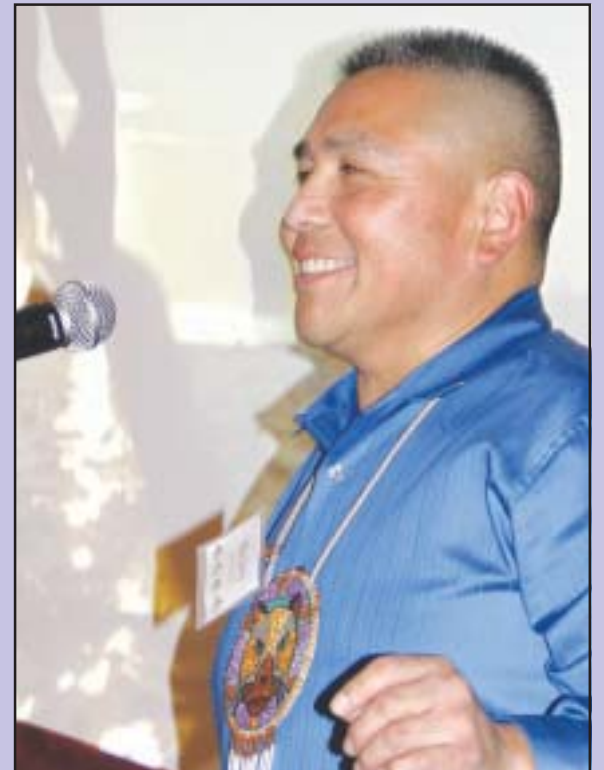
**THANK YOU** to all those who have taken time to help make the Christmas Concert a success for the students, staff and the presentation to the community. The students were especially involved in practicing every day, thanks to their teachers for giving them time to prepare. The music teacher, Susan Royce Duncan, worked hard with the teachers and students to help make this year's Christmas Concert the best performance they have seen. Great Job Everybody!



**THANK YOU!**

Hello everyone, I would like to thank all of you for your support and/or your willingness to get out and vote! I will continue to represent all of us, and put my best effort into the job as best I can! Again, thank you! :)

*Mike Jerry, Sr.*





## Lady Kings show how it's done with 10-5 record in SeaTac 1B Conference

*As we go to press, Muckleshoot Tribal School's Lady Kings are in the tournament playoffs for the first time in history! They are a force to be reckoned with and have given their fans plenty to cheer about. Here's the summary of the season so far, as submitted by Coach Jody Wojdyla:*

The first game of the season was against Christian Faith on Dec. 4, and although the girls played tough, they were defeated by a score of 42-32. Olivia Ho led the team with 15 points while Belem Esparza contributed 11 points.

On Dec. 6, they traveled to Shorewood Christian and were defeated by a score of 40-31. Olivia Ho again led the team in scoring with 10 points, followed by Keilani Moses with 6.

The Lady Kings first win of the season occurred at Evergreen Lutheran High School on December 11. They pulled out a hard fought, close victory by a score of 48-46. Olivia Ho scored 31 points to lead the team, while Kacey Huffington added 6 points.

On Dec. 14, the Lady Kings defeated Rainier Christian High School, 52-19, for their first home game. Olivia Ho scored 28 points, Kacey Huffington scored 11, while Keilani Moses added 8 points. The girls all got to see playing time, and it was a fun win.

Dec. 18, the Lady Kings defeated Puget Sound Adventist 58-43. Olivia Ho scored a career high 36 points, and Keilani Moses added 12.

January 4, the girls were defeated by league-leading Mt. Rainier Lutheran by a score of 56-32. Olivia Ho led the team in scoring with 32 points.

On January 8, the Kings defeated Quilicene by a score of 67-45. Olivia Ho scored 29 points, Keilani Moses had 10 points, Sara Givens 9 points, and Leanne Redthunder 6.

January 12, Christian Faith won a close game against MTS by a score of 45-44. Belem Esparza led the team in scoring with 16 points, Olivia Ho had 11, and Keilani Moses 8.

On January 15, MTS defeated Shorewood Christian by a score of 68-37. Olivia had 25 points, Belem 14 points, Sara Givens and Becky Ocampo each had 8 points, and LaShawna Starr had 6 points.

On January 18, the Lady Kings defeated Evergreen Lutheran 38-27. Olivia Ho had 26 points, and Kacey Huffington added 6.

MTS defeated Rainier Christian on January 22 by a score of 56-20. Olivia Ho led the team in scoring with 29 points, Jenel Hunter and Sarah Givens also contributed 6 points. This game, and a loss by Christian Faith, puts the girls in 2nd place in the SeaTac 1B Conference and they currently have a 7-4 overall record

On January 24, the MTS girls traveled to Kirkland for a game with Puget Sound Adventist Academy. Despite being down by a 17 point deficit in the first half, the girls regrouped and pulled out a 62-54 win. Olivia

Ho lead the team in scoring with 38 points, while Kacey Huffington added 15.

On January 26, MTS hosted the Lummi Blackhawks for a non-conference game, and posted a 55-10 win. Olivia Ho scored 30 points, while Sarah Givens and Kacey Huffington added 7 points each.

The Lady Kings faced Northwest Yeshiva on January 29, and won 51-41. Olivia Ho led the team in coring with 24 points, while Kacey Huffington added 13, and Sarah Givens 10.

On February 1, MTS faced league-leading Mt. Rainier Lutheran and the game went right down to the final minute, but the girls were defeated 40-35. Olivia once again led the team in scoring with 23 points.

On February 2, MTS faced Northwest Yeshiva in a make-up game, and the Lady Kings pulled off a 45-37 victory. Olivia Ho had 27 points.

On February 5, the Kings traveled to Quilicene for their final conference game of the year and posted a 56-20 win. Olivia Ho had 31 points, while Sarah Givens added 8. This game was the end of the regular season for the MTS Kings.

### SEATAC 1B Conference Tournament

On February 7, the Lady Kings participated in the SeaTac 1B Conference Tournament held at Mt. Rainier Lutheran High School in Tacoma. Their opponent was once again, Mt. Rainier Lutheran, and the conference championship was on the line. The girls played a tough game, but lost 40-34. The Kings took 2nd place, and was granted the #2 seed for Tri-district play.

### 1B Tri-District Tournament

For the first time in school history, the Lady Kings entered post-season tournament play!!! Their first game was against Crescent High School on Feb. 9, and the girls coasted to a 59-18 win on the MTS home floor. Olivia had 22 points, Kacey Huffington added 15, and Keilani Moses had 13 points. Both Huffington and Moses connected on three 3-pointers each!

On February 12, the girls had to make the long drive to Crescent High School in Joyce, WA to face a formidable opponent in Neah Bay, who are the defending 1B State Champions. The girls played the former champs tough, but the Reds eventually pulled away to a 59-43 victory. Olivia Ho scored 24 points while Kacey Huffington added 11.

As the *Muckleshoot Monthly* goes to press, the Lady Kings are still alive in Tri-District Tournament play. They currently hold a 13-7 overall record, and finished with a 10-5 SeaTac Conference record. Olivia Ho led the whole conference in scoring with a 26.2 points per game scoring average. A final season recap will appear in the next issue.

The Lady Kings would like to thank all parents, friends, family, and community members who have supported us this season!

## Lady Kings 2012-'13 Roster

- Kacey Huffington, Senior
- Keilani Moses, Senior
- Sara Givens, Sophomore
- Olivia Ho, Junior
- Leanne Redthunder, Sophomore
- Jenel Hunter, Junior
- Patience Daniels, Sophomore
- Becky Ocampo, Senior
- Lashawna Starr, Freshman
- Belem Esparza, Sophomore
- Sylvia Agaton, Senior



Kacey Huffington



Becky Ocampo



Leanne Redthunder



Sylvia Agaton



Keilani Moses



Belem Esparza Bennett



Lashawna Starr



Jenel Hunter



Sara Givens



Olivia Ho



### Head Coach Jodie Wojdyla (4th year)

Jodie is in her 4th year of coaching MTS, and her 9th year as a Varsity Coach. She also was an assistant coach for Northland College in her hometown of Ashland, WI, and is a member of the Bad River Band of Lake Superior Chippewa Indians. She has been a teacher at MTS for 7 years. Her most memorable coaching experience was guiding the Shoshone-Bannock High School (ID) girls' basketball team get to three state tournament appearances, and winning the Idaho A-4 State Championship in 2000. Jodie played basketball for Fort Hays State University and the University of Wisconsin-La Crosse, and for the Women's World Basketball Association. She still currently holds her high school's all-time scoring record.

### Onjelic Johnson-Assistant Coach (1st year)

O.J. is in her first year of coaching at MTS. She played for the MTS Kings under Coach Wojdyla in the first two seasons of basketball at the new school, and was a team leader and captain. She is a descendant of the Muckleshoot Indian Tribe, and is employed at MCDC as a cook. O.J. graduated in 2011, a year earlier than scheduled, and served as the class Vaedictorian.



Olivia Ho



OUR SENIORS, Sylvia Agaton, Keilani Moses, Kacey Huffington and Becky Ocampo

## Muckleshoot Cheer Squad



**MTS CHEERLEADERS.** Bottom row: left to right, Lashawna Starr, Keilani Moses, Leanne Redthunder, Alexis Mason James; Second row: Selena Serrato, Kacey Huffington, Celeste Edwards, Vivian Jansen, Becky Ocampo; Top Row: Coach Gina Coheley, Gloria Simmons, Jenel Hunter, Mirella Serrato. (As you may have noticed, about a half-dozen of our cheerleaders are also on the Lady Kings basketball squad!)



The Scorpion!





# WITH LOTS OF NEW FACES, KINGS FINISH WITH 11-5 RECORD IN LEAGUE PLAY

By Coach Bill Hawk

There are many new faces on the Muckleshoot Kings Boys basketball team this season, as the five graduating players from last year's sixth in state team accounted for over 50 points per game. Two starters, Luis Esparza and Buddy Brendible, are among the four players who will be leading the team this year, the other two being Trisdin Lozier and Alvin Allen. The Kings have played three games to start the season, all away, and have lost all three, though improvement is apparent.

In the first game against one of the league favorite Christian Faith, the Kings came up short by a 74-56 margin. Esparza and Ryan Rodarte led the scorers with 13 points apiece. Josh Hamilton led the rebounders with 5. The team did set a school record by taking five charges, led by Esparza's two.

Two days later the Kings lost a tough game to another league favorite, Shorewood Christian, 58-45. Behind by only two at half, the Kings could not catch up the rest of the way. Trisdin Lozier led the scorers with five 3's, followed by Josh Molina with 10. Luis Esparza again took two charges to go along with five rebounds and four assists.

In the most recent outing the Kings were defeated by Evergreen Lutheran, a 2B team that moved down to 1B this year, 61-45. Early in the 4th quarter the Kings were only down by three points, but a 10-0 run by the Eagles sealed the final score. Esparza and Brendible led the scorers with 21 and 10 respectively, while Fide Ortiz topped the rebounders with 8. Two of the next three games will finally be at home in front of the Muckleshoot supporters, so better results should happen. Tuesday the 18 the Kings host Puget Sound Adventist, which has two players averaging over 45 points together. Nothing like another challenge for the Kings.

\*\*\*\*\*

There's nothing like home cooking to change the direction of the Muckleshoot Kings Boys Basketball Team as they won their first home game of the season on the 14th against Rainier Christian 74-57. Before a large crowd of supporters, the Kings got off to a slow 4-12 first quarter deficit before outscoring the Mustangs 53-23 in the middle two quarters to put the game away. Nine different players scored for the Kings, led by Buddy Brendible with 19, Trisdin Lozier 9 (his ninth three pointer in four games), Josh Hamilton and Ryan Rodarte 8 each, Alvin Allen and Tristan John 7 each, Fide Ortiz 4, and Josh Molina 2. Sixteen offensive rebounds led to several easy baskets in the dominating win.

\*\*\*\*\*

The boys basketball team continued their recent surge winning their second game in a row 57-46 against previously undefeated Puget Sound Adventist Academy. Ten different players scored in the game led by Luis Esparza and Trisdin Lozier with 11 apiece, Buddy Brendible with 10, Alvin Allen 6, Tristan John 5, Fide Ortiz and Josh Hamilton 4 apiece, Ryan Rodarte 3, Harvey Starr 2 and Josh Cline 1. Fide and Luis were the top rebounders, while Buddy and Tristan John were the leaders in assists. There are three more games prior to the winter break being over, culminating with two games at the Lummi tournament December 27-28.

\*\*\*\*\*

Over the recent holiday the boys basketball team played a pair of non-league games up north, losing to Lummi Nation 65-52, and Tulalip Heritage 55-44. The Kings jumped out to a 12-5 first quarter lead, but by halftime found themselves behind by nine. Lummi, having not lost any players from last year's team, turned it on in the fourth quarter when the score got down to six, and breezed to the final score. Josh Cline, making his second start, had 18 points and 10 rebounds to lead in both categories.

After the game all fans were directed by the announcer to stay in their seats. In a classy, heartfelt ceremony, the elders of the Lummi Nation tribe honored the passing of Mikey John, who was known far outside the confines of the Muckleshoot reservation, by saying some kind words about Mikey, and presented his son, Kings player Tristan with a ceremonial blanket and many handshakes and hugs from the Blackhawk players and Lummi elders. Their efforts were truly appreciated by Tristan and all the Muckleshoot players and fans.

The following day the Kings traveled down to Tulalip and again lost, though it was a more competitive game. Again, the second quarter proved to be the downfall of the Kings, as they were outscored 19-1 while winning the other three quarters. Cline again led the scorers with 20 and 7 rebounds, which tied Buddy Brendible's board total.

Of the Kings 15 player roster, 10 are new to the program, so on the one hand integrating them into the program has been a challenge, and on the other hand, the opponents so far have

proved to be veteran teams who have relished giving the Kings a hard time due to the Muckleshoot success in the past. However, spirits are high with the boys, and there is still time to foster a winning streak.

\*\*\*\*\*

Finally back in action after the holiday break, the Muckleshoot Kings boys basketball team played at their friendly rival Mt. Rainier Lutheran on January 4th, and defeated the Hawks 47-39. Trailing at halftime, the Kings put on their defensive shoes and held their opponents to only 12 second half points. Josh Cline had an outstanding all-around game with 27 points and 12 rebounds. Luis Esparza had 10 points to go along with 3 assists. Those two plus Buddy Brendible, Alvin Allen, Fide Ortiz, And Trisdin Lozier combined to hold the Hawks to 4 fourth quarter points.

The two teams hooked up last year together in the state tournament rooting for each other, taking pictures together, and playing lazer tag together, and even when the Hawks were eliminated from the tournament, they stayed to cheer for the Kings as they finished sixth in state. This game was the first time the Kings have beaten Mt. Rainier Lutheran at their gym. Interestingly, Mt. Rainier Lutheran lost their lease for the school and another league school, Evergreen Lutheran, bought it out from under them, so they are currently school building shopping. Made for an interesting game when those two teams played.

On the following Tuesday the Kings again turned it on in the fourth quarter in a come from behind 62-61 victory over Quilcene before a loud, excited crowd. Cline and Esparza were again the high scorers with 19 apiece, followed by Tristan John, who was his usual spark off the bench with 12. All three had key buckets and Cline's two free throws to ice the game at the end. Cline also led the rebounders with 10 followed by Alvin, John, and Ortiz with 6 each, a key factor in the game. It wasn't the best game the Kings had played, but it's nice to be in tight end-of-game situations and come through with a win.

The final game of the week was at home against the undefeated Christian Faith Eagles. After a 15 all first quarter, the Eagles steadily pulled away and were never challenged in the 73-44 loss. No Kings' players scored in double figures, as the 8 each of Trisdin Lozier and Josh Molina led the scorers, with Allen, Harvey Starr, and Josh Hamilton leading the board men. It's going to take a very, very good team to derail the Eagles.

\*\*\*\*\*

The Muckleshoot boys basketball team ran their league record to 7-4 with wins on the 15th, 18th, and 21st of January, which currently places them in third place. On the 15th Shorewood Christian invaded the Kings' lair, and were promptly dispatched 71-56 in a game that was not as close as the final score indicated. The Kings led 38-19 at half and were never headed. Josh Cline had an outstanding game with 28 points 15 rebounds, while Trisdin Lozier and Luis Esparza chimed in with 11 and 10 points each. Buddy Brendible had the most steals and Fide Ortiz had the second highest rebound total. This game avenged an earlier loss to the Lions.

On the 18th, another team that had earlier defeated the Kings, Evergreen Lutheran, came to Auburn and were likewise turned away with a final score of 49-39. This time Luis was the high scorer with 19, followed by Cline and Lozier with 11 and 10 each. Cline and Fide were the top two rebounders, Tristan John the top in steals, and Buddy was the leader in handing out assists. A strong defensive effort primarily by Buddy, Luis, Cline, Alvin Allen, Luis, Fide, and Ryan Rodarte held EL to only seven 4th quarter points.

For the game on the 21st at Rainier Christian, the Kings continued their winning ways in securing their 7th league win in their last eight games with a 43-37 victory. Not the best game the Kings have played, but the defense and some key 4th quarter rebounds by Cline, Fide, and Rodarte sealed the contest. The Mustangs managed only 15 points in the final half to the Kings 24. Harvey Starr, Josh Hamilton, and Josh Molina each had some key moments in the game in denying any inside scoring that helped turn a first half deficit into a victory.

Starting with the week of the 28th, the Muckleshoot team will have four league games remaining in the regular season, plus a league playoff game, and, depending on the standings, another Tri-district playoff. The team, while relatively inexperienced at the beginning of the season, has shown signs of jelling at just the right time heading into the post season. More excitement to follow.

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On Saturday the 26th, the boys basketball team stepped out of league by hosting Lummi Nation, a team they had previously played over the holidays, and this time lost by a close 41-37 score. After leading by 7 at the half, Lummi came roaring out to tie the game after three quarters at 27. In the final quarter the Kings could not contain Jordan Deardorff, who scored 10 of the Blackhawks 14 points.

After the game Donna Starr, representing the Muckleshoot tribe, and assisted by her grandson Harvey, and Tristan John, presented a ceremonial blanket to a Lummi elder in thanks for their blanket ceremony after their first meeting when they presented a blanket to Tristan for the recent passing of his father Mikey. With the playoffs coming up starting on the 9th, there is a possibility the teams could meet for a third time.

On the 29th of January the Kings hosted NW Yeshiva and defeated the 613's, who are now in second place by a game, 70-55. The combination of Josh Cline, with 28 inside and Trisdin Lozier, with 15 outside provided the winning combination. Buddy Brendible smartly picked up 10 assists by feeding both players. Cline and Josh Hamilton led the board advantage in the foul-filled contest. Ironically, the two teams meet again on Saturday in a quest to finish the league in second place

\*\*\*\*\*

The last week of the regular week was an unusual one for the boys basketball team. Not only did they play three games, but they played the same team twice, fortunately successfully. On the 29th, the Kings defeated Northwest Yeshiva 70-55, turning a three point 3rd quarter lead into a runaway final margin. Ten free throws in that quarter sealed the victory. Josh Cline had the scoring lead, picking up 28, while Trisdin Lozier, on the strength of four 3's, added 15.

In the return game on February 2, the game was quite different as the kings went down to the wire tied at 52 with eight seconds to go. Luis Esparza pushed the ball down court looking for a shot, but seeing no opening, passed the ball to Cline who nailed a three ball from the corner just before the final buzzer. Jubilation on the court was the next action both from the team, and eth sizable Muckleshoot crowd who traveled to the game. This win assured the Kings of their third consecutive second place finish. Lozier, with his six 3's, led the scoring with 20 points, while Cline and Esparza added 14 and 11 respectively.

The night before was the last regular home game for the Kings and their three graduating seniors, Cline, Buddy Brendible, and Sampson Sam. Mt. Rainier Lutheran was the opponent. After a close first half, the Kings outscored the Hawks 33-17 to win going away 60-43. It was a nice sendoff for the seniors, and a good win against a team that has been tough on the Kings in the past. Cline and Esparza again led the scorers, but Josh Hamilton, Harvey Starr, Ryan Rodarte, and Brendible contribute several points to the victory. Fide Ortiz, as he has all season, led the rebounders.

The final game of the regular season saw the Kings traveling up to Quilcene. Even though the Rangers are in last place, they have been a tough game for the Muckleshoot crew. In this game, the Kings played a great first half, holding Quilcene to only 12 points at the intermission. However, the Rangers gradually cut into that lead until midway in the fourth quarter when Cline and Lozier combined to score 17 of the Kings' 19 points, and winning the game 52-44. The final league record for Muckleshoot was 11-5, with the championship game looming on February 7 against Christian Faith.

Arriving at this game, confidence was high even though Christian Faith had not been an easy game in either of the first two outings. Unfortunately, this game proved to be a carbon copy of the first two, as the Kings just could not penetrate the Eagles press or even their half-court defense until the 4th quarter when the Kings made their run. The deficit was just too great to overcome though the effort certainly picked up. Cline, Esparza, and Lozier were the top scorers. The game loss meant Muckleshoot would be the #2 seed from the Sea-Tac league into the Tri-District tournament, facing Clallam Bay, the #2 representative from the North Olympic league.

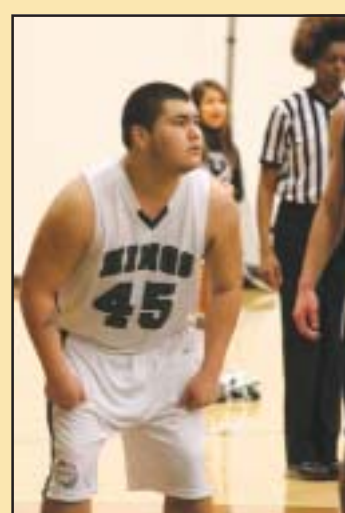
In that game, played at Muckleshoot, the Kings went about their business, not spectacularly, as they eased to a win 56-39. Buddy and Fide both contributed tough defense to help fuel the three top scorers, Cline, Esparza, and Lozier. Always a great way to start the district tournament in a winning fashion.

In the second round game, the Kings more than met their match in losing to the #2 rated team in the state, Neah Bay, 70-45. The Red Devils were too quick, too strong on the boards, and shot too well, as they pulled away early and never let up. The loss put the Kings into the losers bracket, meaning two more wins would be required to get to the state playoffs. Stay tuned.

## MUCKLESHOOT KINGS ROSTER

No	Name	Pos	Ht	Gr
3	Tristan John	G	5'5	9
5	Sampson Sam	G	5'5	12
10	Aaron Arterberry	G	5'6	9
11	Buddy Brendible	G	5'8	12
15	Xavier Fulgencio	G	5'9	12
21	Josh Cline	P	6'2	12
23	Adonis Andy	G	5'9	9
24	Alvin Allen	W	6'0	9
30	Brian Blandov	G	5'6	12
32	Luis Esparza	G	5'7	11
33	Ryan Rodarte	G	5'10	12
34	Fide Ortiz	P	6'1	12
35	Josh Molina	P	5'10	11
40	Trisdin Lozier	W	5'11	11
45	Harvey Starr	P	5'11	11
52	Josh Hamilton	P	6'0	11

Coaches: Bill Hawk, Andre Pleasant



## TO ALL OUR LOYAL SPORTS FANS:

As you may have noticed, the Muckleshoot Monthly is being published in a new size format starting with this issue. It's now about this same size as the Seattle Times and other major newspapers. We came up short on space and will have to carry Coach Moser's Wrestling Team report until next month. We will regroundry to learn how to make the best use of our limited space. Thank you for your patience.

Please Join Us at the  
**COMMUNITY WRITING CENTER**  
 OUR WRITING SPECIALISTS ARE AVAILABLE TO SUPPORT YOUR INTEREST IN WRITING FOR SCHOOL, PERSONAL CREATIVITY, AND/OR BUSINESS

**ALICIA WOODS**  
 Alicia.Woods@muckleshoottribalcollege.org

**PHOENIX RAINE**  
 Praine@artshoddy.com

Email to schedule an appointment or visit the website for more information:  
[www.muckleshoottribalcollege.org](http://www.muckleshoottribalcollege.org)

**The GED Center at The Muckleshoot Tribal College**

\*Tutoring\*  
 \*Online GED Resources\*  
 \*Books and study materials\*

Open M-F, 9-5, with limited staff on Thursdays from 9-10:30

For more information visit:  
[www.muckleshoottribalcollege.org](http://www.muckleshoottribalcollege.org)  
 253-876-3375  
 Or email:  
[alicia.woods@muckleshoot.nse.us](mailto:alicia.woods@muckleshoot.nse.us)

The Muckleshoot Tribal College GED program presents...

**BE 100% READY TO PASS THE GED BY ATTENDING OUR SMALL GROUP WORKSHOPS:**

**Winter Stories:** Sit with a small group and talk about Native stories we read... you won't even realize the reading skills you are building that will help you pass the GED

**Math Magic:** Unlock the secrets to solving the math problems you will encounter on the GED

**GED Mystery Timeline:** Each week you will be surprised with a new, useful tool that will help you master the GED.

**Merry Madness:** "Amp up" what you know about history by watching the best, entertaining movies from a Native perspective.

## GED Exam Schedule for Muckleshoot Tribal College

You need to finish all 5 tests before 2014 or start all of your tests over.

**Remember: Dates are Subject to Change. Please Call College to Confirm Dates**

**February 20, 27 – March (MORE DATES TO COME)**

**Arrive 10 minutes early!** You may choose only one test per time frame

- 9:00 Reading, or Social Studies, or Science**
- 10:30 Reading, or Social Studies, or Science**
- 12:30 Math OR Language Essay**
- 2:45 Reading, or Social Studies, or Science**

- If you are planning on taking four tests in one day, then do your **Essay** at 12:30 and do your **Math** the next testing session.
- A passing score is 410; however you need an average of 450 to earn the 2,250 points needed for your GED.
- Prior to taking your first test you must Pre-Register, please ask our GED staff to give you our GED Orientation & Pre-Register before testing day; do not wait until testing day. **You must have all of your paperwork completed before entering the testing room.** See what you need to bring below.
- On testing day you must bring/provide: 1) picture ID; 2) proof of passing a pre-test @ 450+; 3) proof of pay-

ment, \$30 each; 4) under the age of 19 must provide "waiver" form; 5) first time testers must have a completed and signed "General Education Development testing" form AND the "State of WA Verification of Eligibility to take GED test" form, completely filled out before testing day.

- Please be waiting outside the GED examination door Rm. #207 at least 10 minutes before testing latecomers will not be allowed in the testing room, you will have to come back another time.
- Test Scores are available the next day after testing at 1:00 pm, not before. Pick them up in person.
  - If you have any other questions or concerns please call at 253-876-3183, or Mitzi Judge @ 253-876-3395
  - For GED tutoring & pre-testing here at MTC contact GED Instructor Alicia Woods at 253-876-3375
  - For Muckleshoot Tribal Member Scholarship call Marie Marquez 253-876-3382
  - You may look on line for more information at: [www.muckleshoottribalcollege.com](http://www.muckleshoottribalcollege.com)
  - We are located at 39811 Auburn Enumclaw Road SE, Auburn WA 98092

You may also take your GED test at Green River Community College: Monday, 9AM – 7PM, phone 253-833-9111 x 2652, 12401 SE 320th Auburn, WA 98002, [www.greenriver.edu](http://www.greenriver.edu)

Promoting indigenous self-determination and knowledge

Rooted in Cultural Knowledge  
 Bachelor and Associate Degrees  
 7 Pacific Northwest Campuses

**NORTHWEST INDIAN COLLEGE**  
 39811 Auburn Enumclaw Road SE  
 Auburn, WA 98092

[www.NWIC.edu](http://www.NWIC.edu)  
 253-876-3375

## New MOST Instructor Gail Morris



My name is Gail Morris, I'm Ahousat First Nations, from the West Coast of Vancouver Island. I have two daughters; Andrea and Abbey, and one grandbaby who is 20 months old, Adriana Mae. I love to sing and dance and am part of the Muckleshoot Canoe family and the HuuPahQuinNum Canoe family back home. I love to work out and often times you can find me at the Wellness Center working out or playing in the pool! I am a certificated schoolteacher, with a Master's in Education, and have taught 5th grade in the Edmonds School District and 4th grade at the Muckleshoot Tribal school. Prior to teaching I was the Program Manager for the Indian Education, Title VII Program in Edmonds for nine years. Now you can find me at the Tribal College as the new MOST Instructor!

## MCDC SKY HOUSE MEETS THE INSECT GUY!

Here are some pictures from MCDC Sky House's visit from the Insect Guy, an in-house field trip. The children were able to observe insects of all different categories and also the brave ones got to touch some! This was a wonderful experience for the whole center. ~ Dina Davis



**MUCKLESHOOT INDIAN TRIBE**  
 Birth to Three Program  
 Muckleshoot Early Childhood Education Center  
 15599 SE 376th St. Auburn, WA 98097  
 (253) 876-3056  
 FAX: (253) 876-3037

**Eligibility**

B3 serves infants/toddlers up to their third birthday who are:

- A Muckleshoot descendent living on/near the Muckleshoot Reservation
- An enrolled member or proven descendent of a federally recognized tribe living on the Muckleshoot Reservation
- An enrolled member or proven descendent of a federally recognized tribe being transported to/ from the Muckleshoot Reservation

Priority of services will be given to infants/toddlers that:

- Have a diagnosed physical or mental condition which is known to result in a developmental delay.
- Have a diagnosed developmental delay confirmed by a qualified team of professionals.

**What is Birth to Three ?**

The Muckleshoot B3 Program is a federally funded program to provide early intervention (EI) services. Focus of the program is to identify and serve Native American infants/toddlers with disabilities and/or developmental delays. The program also receives funding from the Muckleshoot Indian Tribe to provide an early childhood education program to Muckleshoot infants/toddlers that may not already be receiving an educational program and/or services from another program.

**Site Based and/or Home Based**

**Site Based Services:** Children can be involved in site-based services by attending one of the following:

- ⇒ **Baby Groups** are for infants eighteen months or younger. Group meets once a week for a one hour session. Parent/caregiver attends with their child.
- ⇒ **Toddler Classes** are for children eighteen months or older. These groups meet twice a week for a two hour session. Classes provide learning opportunities that address the needs of each individual child. Parents/caregivers are encouraged to participate, however is not required.
- ⇒ **Therapy Sessions** are provided to children on an individual basis.

The Birth to Three Center offers transportation, meals, field trips, stories, music, art activities, and group play to promote growth in all developmental areas. Therapists work both in the classroom and provide individual therapy sessions to support the unique needs of each child.

**Home Based Services:** Children may receive therapy services in the convenience of their home, childcare center, neighborhood playground, etc. In addition, families may choose regular home visits from staff members to facilitate parent education, support, screening and assessment, and direct intervention services for their children.

**Services**

All Participants:  
 All infants and toddlers involved in the program will be provided with a safe nurturing environment that promotes language, motor, social/emotional, adaptive, and cognitive development of young children. The program serves native infants/toddlers up to their third birthday. Children have the opportunity to explore their native heritage through drumming, exposure to the Whulkooseed language, and an opportunity to participate in cultural activities.

**Parent & Family Participation:**  
 Family members are welcome to share breakfast or lunch with their child. Parents are encouraged to attend fieldtrips and therapy sessions when possible. Families are invited to attend parent trainings or family events sponsored by B3, Muckleshoot HeadStart, and Child Care/Development. Parents may request a meeting with B3 staff to provide consultation on the individual needs of their child.

**Family Resources Coordinator:**  
 An FRC is available to assist families in locating needed resources, transportation, transitioning child to the local school districts or other programs, and being a support to the family. The FRC can meet with parents in their home or at the Birth to Three Center. Individual Family Service Plan (IFSP):  
 The IFSP is a plan for each child receiving EI services written with the family, FRC, and therapist(s). The plan identifies strengths and needs as they relate to the child's development.

**Therapy Services:**  
**Speech/Language Therapy:** evaluation and treatment of communication skills, such as sound production, vocabulary, and understanding.

**Specialist Instruction:** to ensure that environments promote the development of child in all areas. Encourage social skills and the child's understanding of their environment and activities. Give the child opportunities to use their process of thinking and encourage academic (school) readiness.



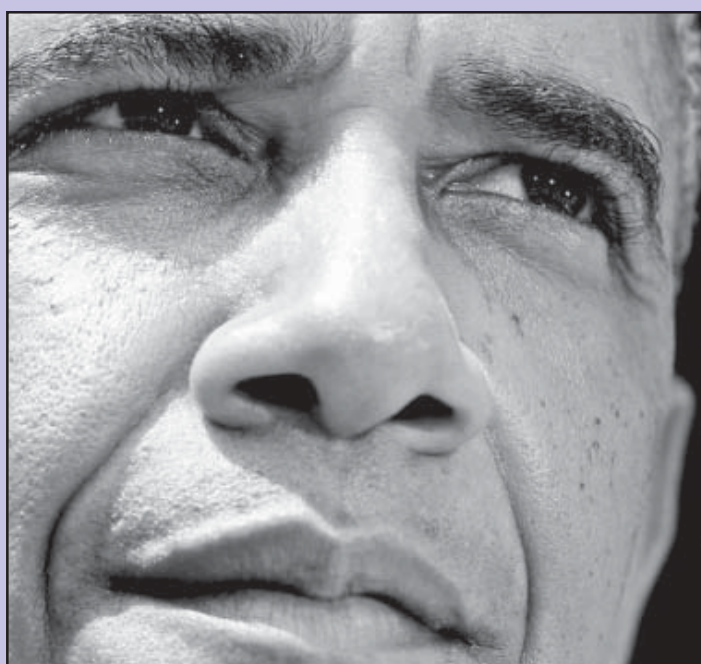
*Muckleshoot Annual Holiday Legislative Reception  
Four Seasons Hotel, Seattle*



Here is a picture of Billy Frank Jr. receiving the 2013 Lifetime legacy Award. The award was given at the 2013 American Indian Inaugural Ball. The Northwest Indian Fish Commission sent a group of Commissioners to Obama's inauguration and the President's Ball. It was once in a lifetime experience for me, and I also had a great time meeting other Tribal leaders. ~ Leo V. LaClair, MIT Fish Commissioner



Leo V. LaClair and Billy Frank Jr



*"This country has more wealth than any other nation, but that's not what makes us rich. We have the most powerful military in history, but that's not what makes us strong. Our universities, our culture, are the envy of the world, but that's not what keeps the world coming to our shores.*

*What makes America exceptional are the bonds that hold together the most diverse nation on Earth... the belief that our destiny is shared, that this country only works when we accept certain obligations to one another, and to future generations... that the freedom which so many Americans have fought for and died for comes with responsibilities as well as rights, and among these are love and charity and duty and patriotism."*

~ PRESIDENT BARACK OBAMA





## NUTRITION SERVICES

The dietitian is in and now seeing patients for individual nutrition counseling for:

- WEIGHT LOSS
- DIABETES MANAGEMENT
- OVERALL HEALTH

Appointments available now Monday through Friday by contacting the Muckleshoot Health and Wellness Center at 253-939-6648.



### What are the signs of depression?

**Physical**

- Sleep disturbances-insomnia, oversleeping, waking much earlier than usual
- Changes in appetite or eating: much more or much less
- Decreased energy, fatigue
- Headaches, stomach aches, digestive problems, or other physical symptoms that are not explained by other physical conditions or do not respond to treatment

**Behavioral/Attitude**

- Loss of interest or pleasure in activities that were once enjoyed, such as going out with friends, hobbies, sports, etc.
- Difficulty concentrating, remembering, or making decisions
- Neglecting responsibilities or personal appearance

**Emotional**

- Persistent sad or "empty" mood, lasting two or more weeks
- Crying "for no reason"
- Feeling hopeless, helpless, guilty, or worthless
- Feeling irritable, agitated, or anxious
- Thoughts of death or suicide



### What can you do to help a depressed friend?

**ACT: Acknowledge, Care, Tell**

- Acknowledge that you are seeing signs of depression in a friend and that it is serious
- Care: Let your friend know that you care about him or her and that you are concerned
- Tell someone you trust and call for help

### Who can you call to get professional help?

If someone you care about is in an emotional crisis or acknowledges suicidal thoughts

- Call 911
- Call the Crisis Line at (206) 461-3222 or toll-free 1-800-427-4747
- Contact the Muckleshoot Behavioral Health Program at (253) 804-8752
- Call the National Suicide Prevention Lifeline to get help at 1-800-273-825

## Massage Therapy

**\*30 min. appointments\***

- \*Two 30 minute massage appointments

### Now Available Daily!!!

- \*Same day appointments often available!
- \*Great for stress relief
- \*All eligible members welcome

Muckleshoot Massage Therapy  
 Mon - Friday 8am - 5pm  
 Closed 12 - 1 daily for lunch  
 253-939-6648

### Is Heroin Running Your Life?

There is help.

Call  
 253-804-8752

### Help in Quitting Smoking!



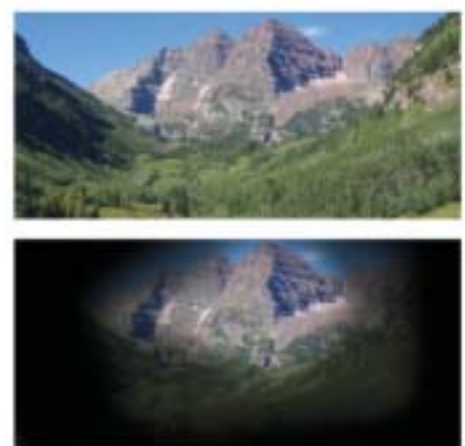
The Muckleshoot Health & Wellness Center uses and endorses the **Washington State Quitline** to assist in stopping smoking.

Call **1-800-QUITNOW** for free and effective help in quitting smoking.

## Glaucoma Awareness

*It is very important to understand what glaucoma is and how it can impact your vision!*

- Glaucoma is an eye disease that damages the optic nerve which connects the eye to your brain.
- Side vision loss can occur and even tunnel vision.
- Glaucoma is a slow progressing condition, early detection is critical.




### What can I do to make sure I don't have Glaucoma?

- Schedule a routine eye examination every year.
- If your results are abnormal, your Doctor will let you know to schedule glaucoma tests. It is very important to follow up with the glaucoma testing.
- Follow through with referrals to Glaucoma Specialists.

**Contact Muckleshoot Optical today to schedule a routine eye exam. (253)939-6648**

## BEAT THE FLU

Recognizing and treating influenza



**Symptoms of the flu**

- 100° or higher fever or feeling feverish
- Cough and/or sore throat
- Runny or stuffy nose
- Headaches and/or body aches
- Chills
- Fatigue (feeling tired)
- Nausea, vomiting, and/or diarrhea

**What to do if you have or think you might have the flu**

- Make an appointment to see your healthcare provider (if able, within 2 days of symptoms). Antibiotics work better if given within the first week.
- Get plenty of rest
- Drink plenty of clear fluids such as water, broth, and sports drinks to stay hydrated.
- Place a cool, damp wash cloth on your forehead, legs, and arms to help reduce discomfort of fever
- Put a humidifier in your room to make breathing easier
- Gargle salt water to soothe a sore throat (1:1 ratio of warm water to salt)
- Cover up with a warm blanket to gain chills

**How to care for someone who has the flu**


- Ensure the sick person takes all medications as directed by their healthcare provider
- Wash your hands frequently
- Try to avoid being face-to-face with the sick person as much as possible
- Remind the sick person to wash their hands frequently and to cover their cough



### NEW REGISTERED DIETITIAN AT HWC!

*Meet Katie..*  
 Kate Miedema, MPH, RD, CD - I received my bachelor's degree from Seattle Pacific University in 2006 and my Public Health degree from Loma Linda University in 2008. Before moving back to Seattle this past summer, I worked as a Clinical Dietitian at Loma Linda University Medical Center for three and a half years, primarily at their Behavioral Health Center. I believe there is no such thing as a "cookie cutter diet" that will work for everyone. Each individual has unique needs dependent on genetics, disease states, environment, and emotional health. I have a strong interest in re-discovering native foods with my patients. I am honored to join the Muckleshoot Health and Wellness team and to walk with each patient toward better health and well being.

For appointments, contact The Muckleshoot Health & Wellness Ctr at 253-939-6648



## Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider. As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

**CHS Office Hours:**  
 Monday – Friday, 8am – 5pm  
 Closed for Lunch 12pm – 1pm  
 Phone: 253-939-6648



### NEED A "MEETING" TO HELP YOU !! ?

## Alcoholics Anonymous – AA & Narcotics Anonymous NA Meetings on the Rez

Tuesday 12:00-1:00pm A.A.  
 M.I.T. Recovery House  
 39225 180<sup>th</sup> Ave S.E.  
 Auburn, WA

## Health & Wellness Center Program Hours

		Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm	8-6 pm	10am- 8 pm	9-9 pm
Wednesday	9-5 pm	9-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Saturday			10 am-2 pm	10-2 pm
Sunday	All Programs Closed			

\*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	12:00-1:00
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

### Health & Wellness Center Program Closures for Feb-April 2013

Day	Date	Times Closed	Reason for Closure
Monday	02/18/13	All Day	President's Day Holiday
Thursday	03/07/13	8-9 am	Monthly All Staff Meeting
Thursday	04/04/13	8-9 am	Monthly All Staff Meeting
Friday	04/05/13	All Day	Tribal Holiday-Sovereignty Day

Having a problem with pain pills?  
Does your life revolve around pills?  
If pills control you instead of you  
controlling the pills.....

Suboxone (Sub-ox-own) referrals and  
treatment now available @ HWC!

Help for prescription pain medication  
dependence is now being offered through  
the Health and Wellness Center.  
Suboxone is also used in the treatment of  
other opiate-based or synthetic opiate  
drug dependence. These drugs include:  
Oxycodone/Oxycontin, Hydrocodone,  
Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication  
approved under Drug Addiction  
Treatment Act (DATA) 2000 for the  
treatment of opioid dependence in an  
office-based setting. The primary active  
ingredient in SUBOXONE is  
buprenorphine.

SUBOXONE at the appropriate dose can:  
Reduce illicit opioid use  
Help patients stay in treatment  
Suppress symptoms of withdrawal  
Decrease cravings for opioids

The Health and Wellness Center has a  
medical provider licensed to prescribe  
suboxone.

For more information please contact  
Behavioral Health at (253) 804-8752

## Behavior health Program announcement:

The Behavioral Health reception window is now  
open throughout the lunch hour (12:00 to 1:00  
pm) so that we will be better able to serve our  
clients and the community. Please feel free to  
stop by to schedule appointments and to drop  
off/pick up paperwork.

If you have any questions, please  
call us at: (253) 804-8752



## Dental Clinic Location & Hours (253) 939-2131



We are located on the 2<sup>nd</sup> floor of the  
Health & Wellness Center.

Appointment Times	Emergency Walk In Times
Monday 8:00am-5:00pm	8:00-8:30 am.
Tuesday 8:00am-5:00pm	8:00-8:30 am
Wednesday 9:00am-5:00pm	1:00-1:30 pm
Thursday 8:00am-5:00pm	8:00-8:30 am
Friday 8:00am-5:00pm	8:00-8:30 am
Closed Daily 12:00-1:00pm	

## The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been.  
One comprehensive eye exam once every 12 months.  
New lenses once every 12 months. Adults eyeglass frames once  
every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to  
purchase the frames at a very reasonable price.  
(Believe me there is a significant mark up when you buy frames in  
town/private practice!). No eyeglass benefits will be approved  
outside of the MHCW optical department.  
We are also offering contact lenses and necessary  
supplies for contacts.

The Optical Department is a Tribally-owned business.  
Patients must meet CHS eligibility requirements to get optical ser-  
vices. CHS eligible patients will need to obtain a PO from the CHS  
office before getting optical services.

For more information, please contact the CHS Office –  
(253) 939-6648. Optical Department open regular  
HWC business hours.

### FAQ's ON PROBLEM GAMBLING



#### What is problem gambling?

Problem gambling includes all gambling behavior patterns that compromise, disrupt, or damage  
personal, family, or vocational pursuits. The essential features are increasing preoccupation with  
gambling, a need to bet more money more frequently, restlessness or irritability when attempting to  
stop, "chasing" losses, and loss of control manifested by continuation of the gambling behavior  
in spite of mounting, serious, negative consequences. In extreme cases, problem gambling can  
result in financial ruin, legal problems, loss of career and family, or even suicide.

#### What kind of people become problem gamblers?

Anyone who gambles can develop problems if they are not aware of the risks and do not gamble  
responsibly. When gambling behavior interferes with finances, relationships, and the workplace, a  
serious problem already exists.

#### Do casinos, lotteries, and other types of gambling "cause" problem gambling?

The cause of a gambling problem is the individual's inability to control the gambling. This may be  
in part because of a person's genetic tendency to develop addiction, his or her ability to cope with  
normal life stress, and even his or her social upbringing and moral attitudes about gambling. The  
casino or lottery provides the opportunity for the person to gamble. It does not, in and of itself,  
create the problem any more than a liquor store would create an alcoholic.

#### What is the responsibility of the gaming industry?

Everyone who provides gambling opportunities has a responsibility to develop policies and  
programs to address underage and problem gambling issues.

#### How much money do you have to lose before gambling becomes a problem?

The amount of money lost or won does not determine when gambling becomes a problem.  
Gambling becomes a problem when it causes a negative impact on any area of the individual's life.

**WALK AWAY FROM GAMBLING**

Sponsored by:



## Muckleshoot Optical NOW OFFERING SUNGLASSES



Stop in to the Optical Department today to see the collection we have to offer!  
Sunglasses are not a covered option by Contract Health Services.

Featuring: Gucci, Juicy Couture, Nike, Bebe, Caviar & Koali

(253)939-6648

**What is heroin?**

Heroin is an illegal, highly addictive drug. It is both the most abused and the most rapidly acting of the opiates. Heroin is a naturally occurring substance extracted from the seed pod of certain varieties of poppy plants. It is typically sold as a white or brownish powder or as the black sticky substance known on the



streets as "black tar heroin." Although purer heroin is becoming more common, most street heroin is "cut" with other drugs or with

substances such as sugar, starch, powdered milk, or quinine. Street heroin also can be cut with strychnine or other poisons. Because heroin abusers do not know the actual strength of the drug or its true contents, they are at risk of overdose or death. Heroin also poses special problems because of the transmission of HIV and other diseases that can occur from sharing needles or other injection equipment.



**How to tell if someone is using**

- Nodding out when talking to someone
- Throwing up
- Nausea
- Itching and scratching
- Weight loss
- Runny Nose
- Droopy look to a person
- Slowed speech

**Evidence of Heroin Use**

- Burnt gum wrappers, foil
- Burnt or missing spoons
- Pipes, rolling papers, etc
- Mood swings
- Irritability
- Diminished self-esteem
- Depression
- Change in interests

**How do you find help?**

Muckleshoot Behavioral Health Department  
 Phone (253) 804-8752  
**Walk-in assessment times:**  
**Tuesday 10am, 1pm, and 3pm**  
**Wednesday 10am, and 1pm**



**KNOW THE SIGNS OF DIABETES**

**Signs that you might have diabetes include:**

- Frequent urination (peeing)
- Excessive thirst
- Excessive hunger
- Weakness and fatigue or feeling tired all the time
- Frequent skin, gum, or bladder infections that don't go away easily
- Blurred vision
- Tingling and numbness in your hands and feet
- Dramatic weight loss



**What to do if you experience signs of diabetes:**

Make an appointment with your provider at the Muckleshoot Health Clinic to find out if you have diabetes. Call today at 253-939-6648.

**TREATMENT WORKS!!!**

- The benefits of getting treated if you have diabetes:**
- You will feel better
  - Your risk for having a heart attack, stroke, or other medical problems will go down

**Did you know the earliest signs of diabetes can be found in your mouth?**

**Did you know that a vital part of both preventing and managing type 2 diabetes, is seeing your dentist and hygienist regularly?**

- Today we know that diabetes and periodontal disease (disease of the gums) are closely linked.
- 95% of Americans with diabetes have periodontal disease.
- Periodontal disease makes it more difficult for diabetics to control their blood sugar, which can lead to other diseases.



**Signs that you may be at risk for diabetes:**

- Do your gums bleed when you brush or floss?
- Do your teeth look longer than they used to?
- Are you missing any teeth?
- Are your gums frequently sore?

**This is how it happens for diabetics.**

- Periodontal (gum) disease allows bacteria to create an infection in the gums.
- This infection is released into the body.
- The bacteria prevent the body from controlling glucose levels in the body.
- This results in higher levels of blood sugar which makes controlling diabetes much more difficult.

**How can having regular dental checkups improve my health?**

- Regular checkups allow your dentist to diagnose pre-diabetes and early symptoms of type 2 diabetes.
- If spotted and treated early, type 2 diabetes can often be controlled or even prevented through diet and medication.
- In addition, regular checkups allow your dentist to keep up with changes to your health that may affect your teeth and gums.

If you would like to find out more or arrange for an exam, come see us at Muckleshoot Health & Wellness Center Dental Clinic.  
 Muckleshoot Health & Wellness Center Dental Clinic Hours:  
 Monday, Tuesday, Thursday, Friday: 8:00am-5:00pm, Wednesday 9:00am-5:00pm  
 Phone Number: (253) 939-2131

**“Your Suggestions Count”**

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

**Facts About The Flu**

**Q: What are the symptoms?**

**A:** Flu comes suddenly, accompanied by fever and chills, coughing, sore throat, muscle aches, fatigue and headaches. Nausea and diarrhea are more common in children.

**Q: Why is it so bad this year?**

**A:** Flu is unpredictable, and how quickly it spreads each year depends on the strain of the virus, how well vaccinations match the bug, how many people get vaccinated, and chance. This year's vaccine is actually a good match to the strain that is dominant now.

**Q: Who is most at risk?**

**A:** Most cases of flu are mild and resolve within two weeks. The elderly are the most likely to die from flu cases that cause severe complications, such as pneumonia. Flu can also trigger severe asthma attacks and worsen chronic heart disease. Even healthy teenagers and young adults can die from complications of the flu, although young children and people with compromised immune systems face much higher risk.

**Q: Is it too late to get a shot?**

**A:** Not at all. Come get a shot. Make sure to get your child vaccinated if he or she has not already been. For the first vaccination, children younger than 2 need two shots, spaced four weeks apart, but even one shot helps.

**Q: What about prevention?**

**A:** Get the flu vaccine. Wash your hands often, or use an alcohol-based hand cleanser, and keep them away from your face. Do not go back to work until 24 hours after your fever breaks to prevent infecting other people.

**Q: Can I get the flu even after I get the shot?**

**A:** Yes. The Centers for Disease Control estimates the flu vaccine is about 60% effective. Even though this isn't a perfect number, it is a lot better than taking your chances and getting sick.

**CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS**

**CHS OFFICE (253) 939-6648**

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre -authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

**ALTERNATE RESOURCE REQUIREMENTS:**

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

## NEWS FROM THE MUCKLESHOOT ELDERS CENTER

## Happy January &amp; February Birthdays!

Danna Matta – 1/1  
Dolores Givens – 1/1  
Jeanette Huber – 1/2  
Doris Allen – 1/2  
Jeanette Aasted – 1/6  
Leonard Lezard – 1/6  
Benjamin Pierce – 1/7  
Phillip Powderface – 1/8  
Naomi Elkins – 1/9  
Alfred Williams Sr. – 1/10  
Eugene Hoffer Jr. – 1/10  
Millicent Bargala – 1/12  
Jeffery Downs – 1/13  
Marvin Moses Sr. – 1/13  
Amos Nelson – 1/14  
Clayton McCluskey – 1/14  
Gerry Joe – 1/14  
Millie Jones – 1/15

Verna Moses – 1/15  
Ione Barr – 1/16  
Kenny Cross – 1/16  
Donna Bland – 1/17  
Valerie Daniels – 1/19  
Mitzi Judge – 1/20  
Brent Michel – 1/20  
Ricardo Sinclair – 1/21  
Margie Goudy-Williams – 1/22  
Richard Miller – 1/22  
Debbie Anderson – 1/24  
Joanne Jackson – 1/24  
Jeffrey Thomas – 1/25  
Marshall Calvert – 1/27  
Eva Cayou – 1/28  
Brenda Jensen – 1/28  
Ester McCluskey – 1/31  
Lorraine Starr – 1/31

Dennis Anderson Sr. – 2/1  
Leslie Hoffer – 2/6  
Gary Cross – 2/6  
Kelvin Barr – 2/7  
Katharine Junior – 2/7  
Clarice "Gerri" Williams – 2/9  
Caryn Avila – 2/11  
Denise Bill – 2/11  
Valrie Owens – 2/11  
Melissa Nino – 2/12  
Abbe Lozier – 2/12  
Elaine Ciunci – 2/13  
Leonard Sneatlum – 2/13  
Cynthia Walker – 2/13  
Diane Dea – 2/13  
Clifford Keeline – 2/14  
Lynn WhiteEagle – 2/14  
Leo LaClair – 2/15

Hazel Black – 2/16  
Cindy Butler – 2/17  
Cynthia Anderson – 2/20  
Wayne James – 2/21  
Renee Sneatlum – 2/21  
Vickie Vallier – 2/21  
Sharon Elgin – 2/22  
Charlene Wilbur – 2/22  
Virginia Hennes – 2/23  
Joan Maurice – 2/23  
Gail Farmin – 2/24  
George "Rabbit" Starr – 2/27  
Nancie Jansen – 2/27  
Paul Patterson – 2/28  
Norma I. Eyle – 2/28  
Rodney Brown – 2/28  
Sandra Davis – 2/29



## Tips for Storing Firewood

1. When storing firewood you should make sure the firewood is at least 30 feet away from your home and shouldn't be stacked directly against your house. This can help protect your home from fire and insects.

2. Wood stored outside should be placed in a wood shed and covered to protect the wood from getting wet from rain or snow. Wood that absorbs too much water doesn't burn well and eventually will rot.

3. Create some storage for wood near the fireplace or wood stove. Using a canvas bag, metal tub, or other containers to hold one or two nights' worth of wood. (Using a storage container with closed ends and sides will help keep the dirt and chips contained)

4. Any wood that you store inside needs to be far enough away from the fireplace or wood stove that it can't combust. And never store newspapers, kindling, pinecones, or other combustible fire starting materials next to your fireplace. They can and do start house fires.

## 7 Homemade Firestarters

1. Hand Sanitizer – squeeze a good supply of alcohol based hand sanitizer on the wood

2. Charcoal in an egg carton-place a chunk of charcoal in each section of cardboard egg carton, then light the carton.

3. Waxed paper and dryer lint/saw dust – wrap dryer lint or sawdust in waxed paper, twist both ends to hold the contents.

4. Chips – you can throw Fritos, Doritos, or any oily chips and light them to use for fire starter

5. Duct tape – Wad up some duct tape and light.

6. Cotton balls and Vaseline – roll cotton balls in Vaseline until coated evenly then store them in Ziploc bag. It takes a handful of cotton balls to start a fire.

7. Dryer lint and egg cartons – wad dryer lint and place in empty storage compartments of cardboard egg cartons. Melt old candles or crayons in a pot on low heat then pour over the egg cartons storage compartments and let the wax dry. You can use 1-3 compartments to start a fire.

## Reminders

**Transports** – Elders please remember to call for transportation at least 24 hours in advance for shopping trips, appointments, paying bills, or banking. Calling 24 hours in advance helps us to ensure we have enough time for your transport. Our regular transporters are Tony, Vicki, Geno, and Jimmy. Transports are assigned by who's available at the time. To schedule for a transport please call: Tony 253-876-2887

## Lunch

- Elders please remember that you are allowed two (2) free meals that are provided daily at the Elders Complex for yourself or you are allowed to have one of your meals for a guest.
- Extra meals may be purchased for \$7 each regardless of age.
- Also, if you have your lunches delivered please call into the Elders Complex if you won't be home during delivery.
- If you have three (3) consecutive missed lunches without a phone call you will be removed from the lunch delivery program until further notice.

If you would like to receive monthly newsletters, calendars, and menus please call Elders Complex and we'll be happy to add you onto our mailing list.

## Elders New Year's Luncheon

We'd like to take this time to thank all those who were able to help make items for our Elders New Year's luncheon, this year our attendance count was over 150. Your time and effort is greatly appreciated and we also like to thank those who made it possible for Admin leave so all the tribal staff could attend. Our door prize winner were both tribal member as well as community members this year we just wanted all those to see our new building and come in and enjoy lunch. Adult work training program was a great help with serving and prepping for our luncheon.

**REMINDER:** Our Elders Breakfast will be here at the elder's complex starting January 2013. Please sign up on board if you need a ride otherwise we look forward to seeing you here at your elder's complex.

## Sewing Class

Mondays from 1:00 to 4:00 pm are sewing class. You are welcome to come in with the tribal college classes.

## Making Elderberry Syrup

Tuesday February 26th we will be making Elderberry syrup from 1:00 to 3:00 pm

**RIDES:** Please sign up on board in hallway or call us so we can make sure you have a ride on these days if you would like to attend.

**Winter Storm FYI: Know the difference from News Broadcast!**

- Winter Storm Outlook** – Winter storm conditions are possible in the next 2 to 5 days
- Winter Weather Advisory** – Winter weather conditions are expected to cause significant inconveniences and may be hazardous. When caution is used, these situations should not be life threatening
- Winter Storm Watch** – Winter storm conditions are possible within the next 36 to 48 hours. People in a watch area should review their winter storm plans and stay informed about weather conditions
- Winter Storm Warning** – Life-threatening, severe winter conditions have begun or will begin within 24 hours. People in a warning area should take precautions immediately.

## About Influenza

- Influenza, often called the flu, is a common respiratory infection caused by several related viruses
- Influenza is easily passed from person to person through coughing and sneezing or through contact with fluids from an infected person's mouth or nose
- Symptoms of influenza often include high fever, headache, tiredness, cough, sore throat, runny or stuffy nose, and body aches
- No matter healthy or youthful we feel or appear, as we age, our immune system weakens and our ability to fight illness decreases.

- As a result, older adults are more vulnerable to influenza and its related complications, making influenza vaccination extremely important
- Each year in the United States more than 9 out of 10 flu-related deaths and more than 6 out of 10 flu-related hospital stays occur in people over the age of 65

**WOOD SERVICES.** Wood services such as cutting, stacking, and kindling are provided by the Elders Complex service providers. The service providers will also be available to check on your propane tanks, removing spider webs, checking lock boxes, and clearing leaves/snow from walkways to make sure you're safe and sound during the winter months.\* Muckleshoot Elders are given 2 bundles of kindling once a week if needed \* If you need these services, please call the Elders Complex at 253-876-2888 or Diane Dea 253-876-2868.

## Food Vouchers

At this time we would like to reiterate the rules for Food Vouchers for our new elders. Elders please remember that:

- The Food Voucher program is to encourage our elders to eat healthy and provide essential household items
- Food Vouchers turned in for the next month can't be processed until the beginning of the month
- Food Vouchers usually take 24-48 hours to process
- If you have a caregiver or spouse that will be doing the shopping for you please write their name on your form
- Both (yellow and grocery) receipts must be turned in immediately \*do not staple or tape them\*
- For further information please contact:  
Loretta Moses 253-876-3255 OR email [loretta.moses@muckleshoot.nsn.us](mailto:loretta.moses@muckleshoot.nsn.us)

## Utility Bill Assistance

The Elders Program does not have any funding for utility bills. If you need assistance with your utility bills please contact the Resource Center. The Resource Center has a Seniors Energy Assistance Program or LIHEAP (low income home energy assistance) program, where you are able to get some assistance with electric, gas, or water bills.

To apply for these programs you will need to make sure your household is up to date at Centralized Income (in Finance Building), then turn in a copy of your bill and a complete application to the Resource Center. For further information please contact:

Senior Energy Program – Sandra Louie 253-876-3020  
LIHEAP Program – Linda Starr 253-876-3338

## Time to Update Information

To start out the New Year we need our elders to fill out a 2013 Intake Form.

The intake form provides the state with information for the grants we utilize for our meal programs, food vouchers, and various services the Elders Complex offers. Also, in case of emergencies we want to ensure that we can contact your family. Please fill out the Intake form and turn it in as soon as possible even if your information hasn't changed. Forms are available at the Elders Complex Front Desk.

## Elders teaching students cedar weaving

The Elders invited Native American students from Auburn School District, Enumclaw School District, and Muckleshoot Tribal School to come and learn the art of cedar weaving December 26<sup>th</sup> and 27<sup>th</sup>. The Elders, our staff, and volunteers taught various projects from cedar roses to salt and pepper shakers. After the students had completed their projects, they received certificates of completion signed by the teachers that had taught them the different projects. After the class our staff made an exhibit for cedar weaving that included pictures and items that were donated by the students. We'd like to thank those who donated to our exhibit and appreciate the time they put into their projects. If you would like to view our cedar weaving exhibit feel free to come by and take a look.



# HOUSING

## Gail Hackett selected as Housing Employee of the Year for 2012



Gail Hackett's dedication and willingness to help community members resolve maintenance issues is exemplary and does not go unnoticed. Her kind smile, compassionate nature and positive attitude towards coworkers and community members make her a pleasure to work with and serves as a role model for others. It comes as no surprise that she was voted as Housing Employee of the Year 2012. Congratulations to Gail. We appreciate your attitude, courtesy and outstanding service you provide to the community.

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## Housing Employee of the Month Garry Perkins



Our Muckleshoot Housing Authority Employee of the Month is Garry Perkins. Garry was chosen for completing 23 Unit Turns for 2012. On top of that, he completes Annual Inspections, daily work orders, and is right there when we have an emergency repair arise. I was told by another Manager that he wishes we could have Garry cloned so that we could have a Garry in every department of Housing. He is always the first guy out the door in the morning and ready to go to work. So if you know and see Garry out in the community, shake his hand and tell him thanks for all the hard work and dedication he puts into our Community.

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## Housing Employee of the Month Tupe Siose



Tupe Siose has been with Housing since 2001. In that time he has become an indispensable part of the efforts to provide better housing for MIT. He always delivers the best and has become a symbol of the quality that Housing is targeting to achieve by setting a standard for others to follow. He is well known and respected by the community and coworkers. Congratulations to Tupe. We appreciate your hard work and enthusiasm.

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## MIT Community Holiday Party 2012

PHOTOS BY SEAIRA PACHECO AND BONNIE GRAFT



## YPD Skate Night

SUBMITTED BY GINGER STARR



### MOST I.T. Class & Schedule Changes

WINTER QUARTER 2013	CLASS OFFERED
<b>MORNING</b> Class 10AM-Noon Monday, Tuesday, Wednesday	<b>WINDOWS 7</b> – Jan. 7 – March 27, 2013
<b>AFTERNOON</b> Class 1 PM – 3 PM Monday, Tuesday, Wednesday	<b>NET +</b> – Jan. 7 – March 27, 2013
<b>EVENING</b> Class 6 PM - 9PM Monday and Wednesday	<b>A+ (1)</b> – Jan. 7 – June 26, 2013

**\*\* TO ENROLL IN IT CLASSES:** student must have successfully completed a MOST Office Assistant Training Program OR pass the entry level exam with an 80% or higher. ENTRY EXAMS ARE GIVEN ON TESTING/TUTORING TIMES NOTED ON THE MOST MONTHLY CALENDAR AND CLASSES ARE FILLED ON A FIRST COME, FIRST SERVED BASIS.

**Free!**

**ENROLLMENT IS FREE – OPEN TO ANYONE 16YRS. OLD OR OLDER W/A HIGH SCHOOL DIPLOMA OR G.E.D.**  
CLASSES BEGIN MONDAY, JANUARY 7TH, 2013

**REGISTRATION NOW OPEN FOR WINTER**

For more information contact:  
**JANET EMERY, DENISE HILL, BONNIE LOZIER-BOJAS, OR GAIL BOJAS**  
 MOST PROGRAM STAFF BY PHONE @ 253.876.3183

• Scholarship is available for ELIGIBLE enrolled tribal members.







PHOTO BY JOHN LOFTUS

**BRIEFING LEGISLATORS.** Tribal Council members and Intergovernmental Affairs staff met with state lawmakers in Olympia on February 4 to brief them on the Muckleshoot Tribe's 2013 legislative agenda.

# 'Tis the Season...



*MTS Cheer Squad at Auburn Santa Parade*



*Tribal School children and a tiny princess give a big check for Toys for Tots to a US Marine Colonel*



*Northwest Harvest feeds the hungry through local food banks*



*Distributing holiday groceries to families in need at El Centro de la Raza in Seattle. King County Council Chair Larry Gossett at right.*

## Muckleshoot Children & Family Services Christmas Party 2012



# MIT Staff Holiday Party



## Muckleshoot Adventures Spring Camp



**April 8-11 2013**

Ages 7-17

Drop off Phillip Starr 8:30 AM and Pick up Phillip Starr at 10:30 AM

**Activities to Include: Wall Climbing, Swimming, Laser Tag, Crafts, Classes, Mini Golf, Archery.**  
Please note we will be attending a new camp this year that has an indoor pool.

**MUST SIGN UP BY MARCH 22 2013**

**THIS IS AN ALCOHOL, DRUG, & ELECTRONIC FREE EVENT!**

CALL STEPHANIE FLESHER AT 253-876-3357  
THIS IS A MUCKLESHOOT HUMAN SERVICES EVENT

## Thank You...

I would like to thank everyone for their support and votes in the last Tribal Council election. I enjoyed visiting with everyone who welcomed me into their homes and shared their personal concerns and ideas for making improvements for our People, and our reservation. It was a great learning experience for me, and although I didn't get elected this year I look forward to another opportunity to run again.

I'd like to congratulate Nick Bennett, the newest member of the Muckleshoot Tribal Council, and I pledge my support to him, and the tremendous work he's facing as our elected official.

To all of the other nominees, I thank you for sharing your platforms; everyone had good things to say, and worthy goals and improvements for our tribe's sustainability. Every one of you should be proud of the work you are doing for the Muckleshoot people.

In closing, I'd like to personally thank Ken Calvert for nominating me, and for his guidance, encouragement and support.

*Valerie Bellack*



*Valerie Bellack*



**DOT WILLIAMS RETIREMENT PARTY  
28 years at Muckleshoot Bingo!**



Congratulations to Kevin and Family on his new Home.

## NUTRITION SERVICES

The dietitian is in and now seeing patients for individual nutrition counseling for:

- WEIGHT LOSS
- DIABETES MANAGEMENT
- OVERALL HEALTH

Appointments available now Monday through Friday by contacting the Muckleshoot Health and Wellness Center at 253-939-6648.





## EMERGENCY CHECKLIST



**Be prepared to take care of yourself and those around you at least three days.**

**Build an emergency kit with at least three days of essentials (seven to ten days preferred) for family and pets. Kits should be portable and ready to go in the case of evacuation.**

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Water – one gallon of water per person, per day, for at least three days (for drinking and sanitation)</li> <li><input type="checkbox"/> Non-perishable food – at least a three-day supply of non-perishable, ready-to-eat food and a manual can opener</li> <li><input type="checkbox"/> Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both</li> <li><input type="checkbox"/> Flashlight and extra batteries</li> <li><input type="checkbox"/> First aid kit</li> <li><input type="checkbox"/> Emergency Contact Card</li> <li><input type="checkbox"/> Multi-purpose tool</li> <li><input type="checkbox"/> Whistle to signal for help</li> <li><input type="checkbox"/> Antiseptic towelettes, garbage bags and plastic ties for personal sanitation</li> <li><input type="checkbox"/> Dust mask, to help filter contaminated air</li> <li><input type="checkbox"/> Cell phone with chargers (car charger recommended in the event of power outages)</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Thermal emergency blankets</li> <li><input type="checkbox"/> Rain ponchos for each family member</li> <li><input type="checkbox"/> Personal hygiene supplies (toothbrush, paste, sanitary napkins, soap, towel...)</li> <li><input type="checkbox"/> Copies of important documents, placed in a water proof container/bag</li> <li><input type="checkbox"/> Copy of your drivers license and/or birth certificate</li> <li><input type="checkbox"/> Bank account information</li> <li><input type="checkbox"/> Insurance cards/policy numbers/insurer contact information</li> <li><input type="checkbox"/> Cash (bank machines may not be functional, small bills are best)</li> <li><input type="checkbox"/> Extra set of house keys</li> <li><input type="checkbox"/> Prescription medications (seven-day supply suggested)</li> <li><input type="checkbox"/> Pet supplies (food, water, blanket, medications)</li> <li><input type="checkbox"/> Children/baby supplies (coloring book/crayons, diapers/wipes, formula, baby food)</li> </ul> |
|---|--|

*\* Always double-check expiration dates and update your emergency preparedness kit every 6 months. Use daylight savings dates as a reminder to double-check your kit.*

### Other items to have on hand at your home or place of work or school

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Emergency Contact Card</li> <li><input type="checkbox"/> Instructions and tools to turn off gas, electricity and water</li> <li><input type="checkbox"/> Plastic sheeting and duct tape to shelter-in-place</li> <li><input type="checkbox"/> Warm blankets</li> <li><input type="checkbox"/> Tarps, tents and rope</li> <li><input type="checkbox"/> Fire extinguisher</li> <li><input type="checkbox"/> Carbon monoxide detector</li> <li><input type="checkbox"/> Utilities contact information easily accessible in case of downed power lines, gas leaks or flood water</li> <li><input type="checkbox"/> Rake to remove fallen leaves and debris away from storm drains to prevent street flooding</li> <li><input type="checkbox"/> Water purification equipment</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Snow shovel and salt to remove snow and ice from pathways for your safety and the safety of others</li> <li><input type="checkbox"/> Outdoor faucet covers and/or insulation to wrap outdoor faucets to protect them from freezing</li> <li><input type="checkbox"/> Camping stove and fuel (for outdoor use only)</li> <li><input type="checkbox"/> Firewood and water-proof matches (for wood burning fireplace or outdoor use only)</li> <li><input type="checkbox"/> Medical supplies (hearing aids with extra batteries, glasses, contact lenses and solution, syringes, cane)</li> <li><input type="checkbox"/> Two-way radios and extra batteries</li> <li><input type="checkbox"/> Local maps with pre-determined evacuation routes identified</li> <li><input type="checkbox"/> Additional unique family needs</li> </ul> |
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### Specific items to include in your vehicle

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Emergency Contact Card</li> <li><input type="checkbox"/> Flares</li> <li><input type="checkbox"/> Warm clothing and sturdy walking shoes</li> <li><input type="checkbox"/> Warm blankets</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Rain ponchos</li> <li><input type="checkbox"/> Preparedness kit with first aid supplies</li> <li><input type="checkbox"/> Small shovel and traction aides (sand, litter, chains) when freezing weather and snow is forecasted</li> <li><input type="checkbox"/> Local maps with pre-determined evacuation routes identified</li> </ul> |
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### Create and follow a weatherization/risk management plan for your home or property to minimize storm impacts

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Conduct annual reviews of your property insurance to understand and address coverage needs. Ask about flood insurance or coverage for sewer/drain back-up.</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Complete a detailed home inventory of your possessions and keep in a safe place away from your home (like a safe deposit box). Downloadable form at <a href="http://TakeWinterByStorm.org">TakeWinterByStorm.org</a>.</li> </ul> |
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### Outdoors

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Check your roof for loose, missing, worn or damaged shingles to eliminate flying debris and reduce the chance of possible water damage.</li> <li><input type="checkbox"/> Make sure flashing is secure around vents and chimneys.</li> <li><input type="checkbox"/> Clean gutters and make sure they are properly aligned and securely attached to your home.</li> <li><input type="checkbox"/> Watch the patterns of storm-water drainage on slopes near your home, and note the places where runoff water converges. Watch the hills around your home for any signs of land movement, such as small landslides, debris flows or progressively tilting trees. Contact your local geotechnical or structural engineer to determine the severity of the problem.</li> <li><input type="checkbox"/> Grade property so water drains away from the foundation and downspouts direct water away from the house into the storm drainage system.</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Replace caulk and weather-stripping that has lost contact with surfaces.</li> <li><input type="checkbox"/> Rake leaves away from drains to avoid street and property flooding.</li> <li><input type="checkbox"/> Check for loose handrails, banisters and stair coverings. Buckled or cracked walks should be repaired.</li> <li><input type="checkbox"/> Clear snow and ice from sidewalks in front of your home to avoid dangerous falls (this is the home/property owner's responsibility).</li> <li><input type="checkbox"/> Keep snow build-up off of surfaces that could collapse.</li> <li><input type="checkbox"/> Trim shrubbery away from siding to prevent insect and moisture damage. Remove shrubbery that interferes with walkways.</li> <li><input type="checkbox"/> Insulate exposed water pipes and outdoor faucets to protect them from freezing.</li> </ul> |
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### Indoors

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Check smoke and carbon monoxide detectors and change batteries as needed. Replace units every eight years.</li> <li><input type="checkbox"/> Check basement and crawl space for dampness and leakage. Standing water could be a sign of improper drainage.</li> <li><input type="checkbox"/> Check all windows for proper operation and locking capability.</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Test your sump pump before the start of every wet season. Battery-operated back-up sump pumps can help protect against power failure of the primary pump.</li> </ul> |
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### Make a family communication plan

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Discuss with your family and/or friends how to prepare for and respond to emergencies that are most likely to happen where you live, learn, work and play. Identify responsibilities for each member of your household and plan to work together as a team.</li> <li><input type="checkbox"/> Identify an out-of-area contact. After a disaster, long distance phone lines may be more reliable than local lines. Ask a friend or relative who lives outside of Washington state to be your "family contact." After a disaster, your family contact becomes a communication point to share information with all household members. Your plan depends on everyone knowing your contact's phone number.</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Complete a Family Communication Plan and post in places your family spends most of their time. Download plans at <a href="http://TakeWinterByStorm.org">TakeWinterByStorm.org</a>.</li> <li><input type="checkbox"/> Program all emergency contact numbers into all of your phones, or keep a list with you. Make sure to tell your family and friends that you've listed them as emergency contacts.</li> <li><input type="checkbox"/> Use text messaging if network disruptions are causing phone calls not to go through. Wireless phones will not work if the electricity is out. Corded (also known as land line) phones are the most reliable.</li> <li><input type="checkbox"/> Stay informed. Tune in to local media channels for important updates and directives. Go to <a href="http://TakeWinterByStorm.org">TakeWinterByStorm.org</a> for links on how to register for emergency alert systems in your area.</li> </ul> |
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*\* Let your family and friends know about [TakeWinterByStorm.org](http://TakeWinterByStorm.org). This Internet-based resource and educational tool should be integrated into your emergency preparedness and communication plans.*



# MUCKLESHOOT POLICE



## Muckleshoot Police November 16 - January 15, Recap

Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

### 11/16/12 10:00 AM 12-266113 Muckleshoot Indian Reservation Child Abuse

A referral from Child Protective Services (CPS) of reported child abuse. Details are being kept confidential due to the nature of the case.

### 11/19/12 12:05 AM 12-267951 SE 392 ST/Auburn-Enumclaw RD SE Driving While License Suspended

Tamara Omnell Moses (19) was stopped for an equipment violation. Omnell Moses was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

### 11/19/12 10:27 AM 12-268196 14600 block SE 368 PL Burglary

An elder reported that a Pendleton blanket and a DVD player were stolen from their house.

### 11/19/12 3:51 PM 12-268403 41400 block Auburn-Enumclaw RD SE Theft

An adult female reported the theft of a check from the Colville Indian Tribe that had been mailed to her. The check had been cashed in Everett.

### 11/19/12 5:00 PM 12-268533 SE 368 ST/Auburn-Enumclaw RD SE Driving While License Suspended

Kelly Kinggeorge (27) was stopped for an equipment violation. Kinggeorge was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

### 11/19/12 5:45 PM 12-268588 37300 block Auburn-Enumclaw RD SE Warrant Arrest

Guadencio Valera (43) was stopped for an equipment violation. Valera had a misdemeanor warrant from Auburn for "Theft in the Third Degree" with a \$1,000 bail. Valera was turned over to Auburn Police on the warrant. Valera was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

### 11/19/12 2:54 PM 12-268415 Hemlock ST/Auburn Way S Warrant Arrest

Suzett Elkins (41) was stopped for a license plate violation. Elkins had a misdemeanor warrant from Auburn for "Theft in the Third Degree." Elkins was booked into the SCORE Jail on the warrant. Elkins was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

### 11/20/12 11:00 AM 12-269058 38900 block Auburn-Enumclaw RD SE Theft of Firearms

A senior male reported the theft of two .223 cal bolt action rifles. There are leads on the theft and it is being actively investigated.

### 11/20/12 8:20 PM 12-269518 39100 block 164 AV SE Drug Violation

Two adult males and one adult female were contacted at the old ball field. Oxycodone pills and meth were found in the vehicle. The male with the drugs was detained and released. Charges for drug possession on the male are pending.

### 11/21/12 9:50 AM 12-269940 1800 block Auburn Way S Driving While License Suspended

Jorge Rosas Fernandez (40) was stopped for a traffic violation. Rosas Fernandez was cited for "Driving While License Suspended in the Third Degree."

### 11/22/12 7:50 PM 12-271024 SE 398 ST/Auburn-Enumclaw RD SE Physical Control

Sandy Ortega Munoz (43) was arrested for "Physical Control" after a deputy contacted her passed out in her car that was parked on the roadway. Ortega Munoz was extremely intoxicated and there were several empty alcohol containers in the vehicle. A state trooper took custody of Ortega Munoz and processed her for "Physical Control."

### 11/22/12 10:25 PM 12-270592 36900 block Auburn-Enumclaw RD SE Mental Complaint

Deputies were called to a house where an adult male was outside of a house. The male was only in a t-shirt and shorts in the cold weather. The male was scratched up from thorn cuts, was shivering and twitching uncontrollably and was confused. The male was sent to the hospital via a private ambulance for a mental health evaluation.

### 11/23/12 4:40 PM 12-271545 38100 block Auburn-Enumclaw RD SE Drunkenness

Deputies were called to the house of an extremely intoxicated elder male that had been drinking heavily for a couple of days. The male had been urinating and defecating on himself. Deputies sent the elder to the hospital via a private ambulance for detox.

### 11/23/12 7:57 PM 12-271720 SE 391 ST/164 AV SE Stolen Vehicle Recovery

A stolen white 1996 Chevrolet Astro minivan was recovered. The van had been stolen earlier in the day in Pacific. The van was released to the owner when he arrived.

### 11/25/12 8:05 AM 12-272754 17920 SE 400 ST (Fire Station) Theft from Vehicle

An adult male reported the theft of tools from a vehicle.

### 11/25/12 10:17 AM 12-272795 17300 block SE 387 PL Assault

A mother reported that her two juvenile children were assaulted by two adult females.

### 11/25/12 4:31 PM 12-273031 39200 block Auburn-Enumclaw RD SE Driving While License Suspended

Brittany Gritz (22) was stopped for an equipment violation. Gritz was cited for "Driving While License Suspended in the Third Degree."

### 11/26/12 9:57 AM 12-273582 Muckleshoot Indian Reservation Child Molestation

Report of a juvenile being molested. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 11/26/12 10:00 AM 12-273713 Muckleshoot Indian Reservation Child Molestation

Child Protective Services (CPS) referral of a juvenile being molested. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 11/27/12 10:10 PM 12-274929 37200 block Auburn-Enumclaw RD SE Driving While License Suspended

Jonathan Moses (33) was stopped for an equipment violation. Moses was cited for "Driving While License Suspended in the Third Degree."

### 11/28/12 2:34 PM 12-275500 Davis Property Violation of a Court Order/Assault

A juvenile was arrested for "Violation of a No Contact Order Domestic Violence (DV)" and "Assault in the Second Degree DV" for being with their ex-girlfriend who had an order against them and then assaulted the ex-girlfriend. The juvenile was booked into the Youth Services Center.

### 11/28/12 10:34 PM 12-275832 Skopabsh Village Warrant Arrests

Rosario Dominick (20) was arrested on four Auburn misdemeanor warrants, one for "Criminal Trespass in the First Degree" and "Theft in the Third Degree" with a \$10,000 bail, another for "Criminal Trespass in the First Degree" and "Theft in the Third Degree" with a \$10,000 bail, a third for "Possession of Drug Paraphernalia" also with a \$10,000 bail and a fourth for "Theft in the Third Degree" with a \$10,000 bail. Austina Kahama-Luke (18) was arrested on a misdemeanor Federal Way warrant for "Theft in the Third Degree" with a \$2,600 bail. Both subjects were booked into the SCORE Jail on their warrants.

### 11/29/12 9:19 AM 12-276083 Skopabsh Village Burglary

An adult female reported the theft of her 26" Emerson flat panel TV from her home.

### 11/29/12 2:30 PM 12-276323 M ST/Auburn Way S Warrant Arrest

Marvin Starr (40) was arrested on a King County misdemeanor warrant for "Theft in the Third Degree." Starr was booked into the Regional Justice Center (RJC) Jail.

### 11/30/12 2:00 PM 12-277230 Regional Justice Center Jail Trespass

George Cross IV (18) was trespassed from all Muckleshoot Tribal Housing Authority properties at the request a Housing Authority staff member.

### 12/01/12 2:15 PM 12-278016 Skopabsh Village Warrant Arrest

Tony Rutherford (27) was arrested on three Auburn misdemeanor warrants; one for "DV Harassment" and "Threats to do Harm" with a \$10,000 bail, the second for "DV Assault in the Fourth Degree" and "Criminal Trespass DV" with a \$10,000 bail and the third for "Possession of Drug Paraphernalia" and "Criminal Complicity" with a \$2,500 bail. Rutherford was turned over to an Auburn officer for booking.

### 12/02/12 5:50 PM 12-278795 16600 block SE 392 ST Assault

An adult male was assaulted inside his house by another adult male. The suspect was gone when the deputy arrived. The victim was taken to the hospital for medical treatment. The suspect was not located.

### 12/03/12 11:30 AM 12-279420 Muckleshoot Tribal School Disturbance

A juvenile student was yelling profanities in the cafeteria, the school's deputy told them to calm down and go to the principal, the student did not comply. The juvenile picked up a tray containing glasses and soy sauce bottles and threw it across the cafeteria. The student was taken to the principal.

### 12/03/12 7:30 PM 12-279713 17700 block SE 413 PL Stolen Vehicle Recovery

A black 1992 Acura Vigor 4 door that had been stolen on 12/01/ or 12/02/12 from Academy Dr was found in the 17700 block of SE 413 PL. A deputy recovered the car and turned it over to the owner.

### 12/05/12 11:54 AM 12-281107 Muckleshoot Smoke Shop Warrant Arrest

Jonathan McDonald (32) was arrested on a Kent misdemeanor warrant for "Assault in the Fourth Degree" with a \$1,100 bail. McDonald was booked into the Kent Jail on his warrant.

### 12/06/12 11:45 AM 12-282002 Davis Property Theft

An adult female reported the theft of two Puyallup per capita checks from a car. The checks were for a \$1,000 each.

### 12/06/12 2:00 PM 12-281257 Muckleshoot Tribal School Drug Paraphernalia

A juvenile student turned in a glass drug pipe they were holding for another juvenile student. School discipline is being given to the owner of the pipe.

### 12/06/12 7:16 PM 12-282378 Skopabsh Village Warrant Arrest

Alexander Greene (27) was arrested on an Auburn misdemeanor warrant for "Failure to Appear for Driving While License Suspended in the Third Degree" with a \$1,000 bail. Greene was extremely intoxicated. Greene was booked into the SCORE Jail on the warrant.

### 12/07/12 10:47 AM 12-282799 39200 block 165 AV SE Family Disturbance

An adult male was making his ex adult female girlfriend feel uncomfortable by driving past the house she is staying at and honking the horn. The male was contacted by a deputy and told not to try and contact the female if she did not want contact from him.

### 12/08/12 3:30 PM 12-283759 SE 414 PL/179 LN SE Stolen Vehicle Recovery

A stolen silver 1996 Honda Accord 4 door was recovered, all four wheels and tires were missing as while as both license plates and the stereo. The Honda had been stolen in Puyallup on 12/01/ 12.

### 12/08/12 4:00 PM 12-283814 41300 block 179 LN SE Fraud

An adult male sent a \$400 Money card to a subject that him he won the "Publisher's Clearing House" sweepstakes for \$283,000 and that he needed to pay the taxes on it before he could claim the prize money. This was a scam.

### 12/08/12 9:00 PM 12-283946 Brown's Corner Warrant Arrest

Davis Behrenmeir (57) was arrested on a Fife misdemeanor warrant for "Failure to Appear/DUI" with a \$5,000 bail. Behrenmeir was transported to the Federal Way truck scale and turned over to a Fife Corrections Officer for booking.

### 12/09/12 10:20 AM 12-285269 Old Smoke Shop Parking Lot DUI

Frank Jerry (41) was contacted passed out in a pickup with the

engine running, radio blasting and the wipers on full even though it was not raining. Jerry was extremely intoxicated. Jerry was turned over to a state trooper for further investigation of DUI/ Physical Control. Jerry's truck was impounded.

### 12/09/12 11:30 AM 12-284298 Skopabsh Village Vandalism

An adult male kicked in the front door of his Housing Authority house damaging the door frame. The male was contacted by the Housing Authority deputy, the male will be paying for damages.

### 12/09/12 8:27 PM 12-284593 4000 block Auburn Way S Driving While License Suspended

Jesus Padilla Mata (48) was cited/arrest via citation for "Driving While License Suspended in the Third Degree."

### 12/10/12 11:40 AM 12-284944 Muckleshoot Tribal School Assault

A suspended student showed up at school, the father was contacted and took the juvenile home. The student assaulted their mother at home then went back to the school. Auburn police were contacted as the assault occurred in Auburn's jurisdiction. The juvenile is being charged by Auburn for "Assault in the Fourth Degree Domestic Violence (DV)." A family member was contacted and took custody of the student.

### 12/10/12 9:10 PM 12-285364 Academy DR/Auburn Way S Warrant Arrest

A juvenile was arrested on a King County Juvenile Court warrant for "Theft in the Third Degree." The juvenile was booked into the Juvenile Detention Center in Seattle.

### 12/12/12 2:28 PM 12-286708 16400 block SE 392 ST Warrant Arrests

Geoffrey Craighead (33) was arrested on a King County felony warrant for "Possession of a Stolen Vehicle" and "Possession of a Stolen Firearm" with a \$50,000 bail. Laya Bennett (37) was arrested on a King County misdemeanor warrant for "Assault in the Fourth Degree Domestic Violence (DV)" with a \$1,500 bail. Craighead was also trespassed from the location at the home owner's request. Both subjects were booked into the Regional Justice Center (RJC) Jail.

### 12/12/12 5:52 PM 12-286899 Davis Property Civil Problem

An adult male wanted to report that his live in girl stole a gaming system and DVD/Blue Rays from the house. The investigating deputy determined this to be a civil issue as both subjects live together and share all the missing items.

### 12/12/12 8:56 PM 12-287013 3800 block Auburn Way S Driving While License Suspended

Pamela Daniels (26) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

### 12/12/12 11:25 PM 12-287115 38900 block Auburn-Enumclaw RD SE Driving While License Suspended

Rebecca Underwood-Elkins (22) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

### 12/13/12 8:33 PM 12-287902 38600 block Auburn-Enumclaw RD SE Warrant Arrest

Christine Elkins-Moses (42) was arrested on a felony no bail Department of Corrects (DOC) warrant for "Escape from Community Custody." Moses-Elkins was booked into the Enumclaw Jail.

### 12/14/12 10:00 AM 12-288104 Muckleshoot Indian Reservation Child Neglect

Muckleshoot Police received a referral from Child Protective Services (CPS) of child neglect. The case is being actively investigated. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 12/14/12 6:45 PM 12-290491 Muckleshoot Tribal School Assault

Ryan Oldman (19) was cited/arrested via citation for assault his ex-girlfriend. The assault occurred on 12/14 but was not reported until 12/17. Oldman was trespassed from the school at the request of a school administrator.

### 12/15/12 9:30 PM 12-289454 38900 block Auburn-Enumclaw RD SE Assault, Domestic Violence

Tashina Lukes (21) was arrested for "Assault in the Fourth Degree, Domestic Violence (DV)." Lukes was booked into the King County Jail.

### 12/16/12 10:35 AM 12-289723 SE 388 ST/Auburn-Enumclaw RD SE Warrant Arrest

Kevin Wayne (36) was arrested on a misdemeanor warrant.

### 12/16/12 8:33 PM 12-290032 41400 block Auburn-Enumclaw RD SE Family Disturbance

A very intoxicated elder male reported an argument with his son. A deputy investigated and contacted witnesses, it appeared no crime occurred, just a verbal argument with the intoxicated elder being the aggressor.

### 12/17/12 5:15 PM 12-290841 41400 block Auburn-Enumclaw RD SE Robbery

The adult male victim was driven to a location, had a gun pointed at him and was robbed of cash.

### 12/18/12 8:56 AM 12-291223 SE 388 ST/SE 386 WY Accident

An adult male riding a quad could not stop on the compact snow for a stop sign. The male hit a moving trailer being pulled by a truck. The male was transported to the hospital by Medic One for a possible fractured left femur.

### 12/18/12 7:00 PM 12-291748 16400 block SE 392 ST Suspicious Circumstance

An adult female reported that an adult male broke her door in and assaulted another adult female and took her against her will. The physical evidence, the identity of the victim and other facts did not show that this really happen. A report was written for documentation purposes.

### 12/19/12 4:35 AM 12-292014 Davis Property Assist to Aid

A deputy was called to a house to assist aid/medical personnel for an adult male with no pulse. The male was revived by aid personnel and transported to the hospital.

### 12/19/12 8:00 AM 12-292499 Muckleshoot Indian Reservation Sexual Offender Registration

*continued on page 22*



# MUCKLESHOOT POLICE



## November 16 - January 15, Recap Continued

An adult male sex offended registered a change of address with the King County Sheriff's Office.

**12/20/12 11:52 AM 12-293206 Davis Property Trespass**  
George Cross IV (18) was arrested for trespassing on the Davis property. Cross had previously been trespassed from all Muckleshoot Housing Authority property. Cross was booked into jail.

**12/20/12 4:36 PM 12-293418 40400 block 180 AV SE Driving While License Suspended**  
Morgan Moses (57) was stopped for a vehicle equipment violation. Moses was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

**12/21/12 3:33 PM 12-294172 18400 block SE 384 ST Warrant Arrest**  
Jeremy Mills (36) was arrested on a Federal Way misdemeanor warrant. Mills was booked into the SCORE Jail.

**12/21/12 4:10 PM 12-294192 17000 block SE 392 ST Driving While License Suspended**  
Michael Frazer (43) was stopped for a vehicle equipment violation. Frazer cited/arrested via citation for "Driving While License Suspended in the Third Degree."

**12/21/12 8:40 PM 12-294363 Dogwood ST/Auburn Way S Drug Violation**  
Two adult males were contacted in front of the Muckleshoot Deli by deputies. The males had drug paraphernalia on them. The drug paraphernalia was confiscated for disposal and the males were released.

**12/23/12 11:33 PM 12-295143 40000 block Auburn-Enumclaw RD SE Drug Violation**  
Deputies stopped a male that was identified as the subject in a possible attempted burglary. The male had nine hypodermic needles, an electronic scale, small baggies and half a pop can with drug residue in his backpack. The male admitted to being a meth addict. There was not enough evidence to say if the male was attempting a burglary or not. The male was released and the drug paraphernalia was confiscated for disposal.

**12/27/12 3:00 AM 12-297570 16400 block SE 392 ST Assault**  
An adult male and an adult female went to a house. A disturbance started, the male went into the house and was badly assaulted. Two adult males and an adult female went to the house to assist the male who was assaulted and the female. When the two males and the female got to the house they too were assaulted. The first male that was assaulted was transported to the hospital for medical treatment.

**12/28/12 11:10 AM 12-298459 37100 block Auburn-Enumclaw RD SE Warrant Arrest**  
Colin Harris (20) was arrested on two misdemeanor warrants. The first warrant was for "Assault in the Fourth Degree" with a \$2,500 bail. The second warrant was for "Trespass in the Second Degree" with a \$500 bail. Harris was booked into the Regional Justice Center (RJC) Jail.

**12/28/12 7:11 PM 12-298775 41300 block 180 AV SE Burglary**  
An senior male's mobile home that he is not currently living in was broken into. Many DVDs and CDs were taken along with a coin collection.

**12/29/12 5:44 AM 12-299052 16400 block SE 392 ST Vandalism/Trespass**  
Victor Wilson (45) was cited/arrested via citation for kicking in a door (breaking the frame) and for entering the house afterward uninvited.

**12/29/12 11:29 AM 12-299146 Cedar Village Theft**  
An adult male had a backpack stolen from outside a house in Cedar Village. The Jane Sport backpack had a mini IPOD Nano, a Zune, a Sony CD player and cash in it.

**12/30/12 1:30 AM 12-299639 41300 block 180 AV SE Burglary**  
A senior male had his mobile home, that he is not currently living in, entered by unknown persons. The male could not tell if anything was missing or not at the time of the report.

**12/30/12 11:00 AM 12-299774 17500 block Theft**  
A senior male reported the theft of \$3,500 by a known adult female. The male rambled and appeared to be under the influence of narcotics.

**12/30/12 12:00 PM 12-299772 38900 block Auburn-Enumclaw RD SE Auto Theft**  
An elder female had her white GMC Savanna van stolen. The elder suspects a family member of taking the van without permission.

**01/01/13 8:00 AM 13-000176 Davis Property Assault**  
Aukusitino Iosefo (24) was arrested for assaulting his girlfriend. Aukusitino was intoxicated. Aukusitino was booked into the King County Jail for "Assault in the Fourth Degree Domestic Violence (DV)."

**01/01/13 12:20 PM 13-000246 16400 block SE 392 ST Warrant Arrest**  
John Filkins (48) was arrested on two King County misdemeanor warrants both for hunting violations, one with a \$5,000 bail and one with a \$2,500 bail. Filkins was booked into the King County Jail.

**01/02/13 12:30 PM 13-000965 Muckleshoot Tribal School Assault**  
A juvenile student threw a chair at another juvenile student, hitting the victim in the head and upper back knocking them to the ground. The victim ran but was caught by the suspect, the suspect then kned the victim in the head several times before teachers intervened. The suspect was arrested and booked into the Youth Services Center in Seattle.

**01/03/13 12:41 HRS 13-001797 17800 block SE 392 ST Warrant Arrest**  
Benedict Williams (35) was arrested on a misdemeanor warrant from Buckley Police for "Driving While License Suspended in the Third Degree" with a \$3,100 bail. Benedict was cited for "Driving While License Suspended in the Third Degree." Benedict was booked into the Enumclaw Jail on the warrant.

**01/03/13 2:50 PM 13-001891 16500 block SE 392 ST Driving While License Suspended**  
Melissa Zubal (31) was stopped for a driving violation and being involved in a disturbance. Zubal was cited for "Driving While License Suspended in the Third Degree" and "No Valid Driver's License without ID."

**01/03/13 5:50 PM 13-002085 500 block M ST SE Driving While License Suspended**  
Bobby Fryberg (22) was cited for "Driving While License Suspended in the Third Degree" and "No Vehicle Insurance."

**01/03/13 7:11 PM 13-002127 39500 block 180 AV SE Mail Theft**  
An elder male and a senior female had their mailbox broken into and mail stolen.

**01/04/13 12:15 PM 13-002556 SE 392 ST/180 AV SE Driving While License Suspended**  
Teron Armstrong (28) was arrested for "Driving While License Suspended in the Third Degree" and booked into the Regional Justice Center (RJC) Jail.

**01/04/13 2:57 PM 13-002702 Skopabsh Village Violation of a Court Order**  
Sunshine Bargala (36) was arrested for violating a protection order against an elder. Bargala was booked into the RJC Jail.

**01/04/13 8:50 PM 13-002971 41100 block 180 AV SE Drug Violation**  
A senior female called the Muckleshoot Police after finding a drug pipe and syringes in her house. The items were believed to belong to her daughter who was not at the house. A deputy took the items for disposal.

**01/05/13 12:50 PM 13-003358 36900 block Auburn-Enumclaw Rd Driving while License Suspended**  
Robert Elkins Sr. (49) was arrested via citation for "Driving while License Suspended-Third Degree."

**01/05/13 2:50 PM 13-002843 38000 block 158 AV SE Trespass**  
Ryan Williams (30) was arrested via citation for "Criminal Trespass II" after being contacted on a family disturbance in Skopabsh Village. Williams had previously been trespassed from Tribal Housing.

**01/05/13 2:58 PM 13-003444 16100 block SE 386 WY Driving while License Suspended**  
Kevin Wayne (36) was arrested via citation for "Driving While License Suspended-Third Degree", and license tabs expired and no vehicle insurance.

**01/05/13 7:55 PM 13-003641 38500 block 161 CT SE Warrant Arrest**  
Rebecca Underwood-Elkins was arrested on a misdemeanor Theft 2 attempt warrant out of King County District Court which carries a bail of \$10,000. She also had a misdemeanor warrant out of Auburn municipal court for FTA/Theft 3. She was booked into King County Jail.

**01/05/13 11:20 PM 13-003774 39200 block 164 AV SE Assault-Other Deadly Weapon**  
An anonymous caller reported an assault on a male subject with baseball bats that required medical attention. Deputies located the victim and the victim was unwilling to assist with any type of investigation. Report was documented.

**01/07/13 10:00 AM 13-002640 15500 block SE 376 ST Child Molestation**  
Muckleshoot Police received a referral from Child Protective Services (CPS) of child molestation. The case is being actively investigated. Details are being kept confidential due to the nature of the case and an ongoing investigation.

**01/07/13 10:21 AM 13-004594 41400 block Auburn-Enumclaw Rd SE Death Investigation**  
Muckleshoot deputies responded to the report of an apparent suicide. A 45 year old male was pronounced dead at the scene and the investigation was turned over to the King County Medical Examiner's Office.

**01/07/13 3:29 PM 13-004856 38000 block 158 AV SE Larceny/Theft**  
An elder female reports her purse stolen from her residence with no suspect information. She had several visitors at her residence over the course of time.

**01/07/13 4:45 PM 13-004920 41300 block 180 AV SE Warrant Arrest**  
Gerald Moses (51) was arrested on an outstanding Kent PD warrant for Theft 3 which carried a \$1,100 bail after a deputy attempted to stop him for a traffic violation. His license was also suspended - 3rd degree and was arrested via citation on that charge. He was booked into Kent Jail.

**01/07/13 10:00 AM 13-700028 17500 block SE 392 ST Larceny/Theft**  
A female reported the theft of her iPhone 5 at the Health and Wellness Center. She was able to locate the phone via iCloud and it was located at a pawn shop in Tacoma. There is suspect information.

**01/08/13 10:30 AM 13-005421 38700 block 162 CT SE Vandalism**  
A male resident of the Davis Property reported damage to his locked mailbox, by prying the door open with an instrument and causing damage to the lock mechanism. Nothing was stolen from the mailbox. No suspect information.

**01/08/13 8:10 PM 13-005865 16600 block SE 392 ST Warrant Arrest**  
Leonard Wayne IV (26) was contacted after receiving a tip on his location and was taken into custody on multiple warrants. A DOC Felony warrant that held no bail, Auburn Municipal warrants for Obstructing a law enforcement officer which carried a \$2,500 bail, a Theft warrant that carried a \$2,500 bail, and FTA/DWLS 2nd degree which held a \$2,000 bail. He was booked into SCORE jail.

**01/09/13 11:02 AM 13-006238 5300 block Auburn Way S Resisting Arrest**  
Wenona Matz (35) ran from a vehicle after a deputy told her she

was under arrest on outstanding warrants. The deputy lost sight of Matz and was unable to locate her. Matz was arrested via citation (cited) for "Resisting Arrest."

**01/09/13 7:43 PM 13-006724 SE 408 ST/Auburn-Enumclaw RD SE Driving While License Suspended**  
Morgan Moses (57) was stopped while driving. Moses was cited for "Driving While License Suspended in the Third Degree."

**01/10/13 8:40 PM 13-007625 41100 block 180 AV SE Burglary**  
A senior female was away from her house overnight, when she returned she found her kitchen window busted. Nothing was known to be missing.

**01/10/13 9:00 PM 13-007574 41100 block 180 AV SE Assault/Warrant Arrests**  
Deputies were called to a house for a disturbance. Sidney Miller (26) was arrested for "Assault in the Fourth Degree Domestic Violence (DV)." Wassena George (31) was arrested on a Department of Correction (DOC) no bail warrant. Both Miller and George were booked into the King County Jail.

**01/11/13 8:28 AM 13-007855 38900 block Auburn-Enumclaw RD SE Theft**  
An elder female reported the theft of her flat screen 42" Zenith TV from her living room overnight.

**01/11/13 11:00 AM 13-007960 7000 block S Tacoma Way Fraud**  
Adult Protective Services (APS) reported to the Muckleshoot Police that an elder man was a victim of a fraud at an auto dealer in Tacoma. A report was written and sent to Tacoma police for investigation.

**01/11/13 4:11 PM 13-008189 16200 block SE 388 ST Warrant**  
An adult male was arrested on an Auburn misdemeanor warrant for Theft in the Third Degree and Criminal Trespassing in the Second Degree with a \$1,000 bail. Auburn police refused to book the male due to the low dollar amount on the bail. The male was released.

**01/12/13 12:23 AM 13-008554 41400 block Auburn-Enumclaw RD SE Warrant Arrest**  
Ricky Apodaca (21) was contacted in a vehicle. Apodaca was arrested on an Auburn misdemeanor warrant for "Assault in the Fourth Degree" with a 10,000 bail. Apodaca was booked into the SCORE Jail.

**01/12/13 3:33 PM 13-008891 39200 block Auburn-Enumclaw RD SE Driving While License Suspended**  
Charles Reichensperger (24) was cited for "Driving While License Suspended."

**01/12/13 10:00 PM 13-009126 Noble CT/Auburn Way S Driving While License Suspended**  
Jonathan Jackson (30) was cited for "Driving While License Suspended in the Third Degree."

**01/13/13 3:30 PM 13-009484 Dogwood St/Auburn Way S Warrant Arrest**  
Darcy Lozier (44) was arrested on two Auburn misdemeanor warrants, one for "Assault in the Fourth Degree DV" and one for "Driving While License Suspended." Lozier was turned over to an Auburn officer for booking.

**01/13/13 3:31 PM 13-009487 Auburn Way S/Dogwood ST Driving While License Suspended**  
John Escalon (46) was cited for "Driving While License Suspended in the Third Degree."

**01/13/13 4:58 PM 13-009546 17600 block SE 400 ST Driving While License Suspended**  
Jennifer Black (43) was cited for "Driving While License Suspended in the Third Degree."

**01/13/13 5:13 PM 13-009598 16600 block SE 392 ST Welfare Status**  
A deputy observed an adult female being held up and assisted in walking by another female. The female being assisted admitted that she had just injected heroin. The deputy walked the female home and left her with two adult females who could watch over her.

**01/13/13 6:32 PM 13-009637 16600 block SE 392 ST Vandalism**  
Deputies were called to a house on the report that an adult male had kicked in a door and was waving a knife around. The male was gone when deputies arrived. The adult male resident contacted did not want to assist in prosecution. The adult female was not coherent due to heavy heroin use. The male subject was not located.

**01/13/13 10:27 PM 13-009767 40000 block Auburn-Enumclaw RD SE Violation of a Court Order**  
Paul Baker (34) was arrested for "Violation of a DV No Contact Order" when he was stopped with the protected person in his vehicle. Baker was booked into the King County Jail.

**01/14/13 2:00 PM 13-010176 14500 block SE 368 ST Assist to Auburn Police**  
George Cross IV (18) was arrested by a Muckleshoot deputy on Auburn Police's probable cause to arrest Cross for felony "Violation of a No Contact Order." Cross was driven to the Auburn Police Station and turned over to Auburn police.

**01/15/13 2:36 AM 13-010612 Davis Property Burglary**  
An adult male reported that his house had been entered while he was away. Nothing was known to be missing at the time of the report.

**01/15/13 5:17 PM 13-011148 39600 block 175 LN SE Juvenile Runaway**  
A grandparent reported their juvenile grandchild as a runaway since 01/11/13.

## Muckleshoot Pentecostal Church

*Kenny Williams, Pastor*

### SCHEDULE

Sunday	11:00 AM Church Service
Tuesday	12:00 Noon Prayer Meeting
Wednesday	6:30 PM Bible Study
Thursday	12:00 Noon Support Group Meeting
Thursday	7:00 PM Spanish (language) Church
Friday	7:00 PM Prayer Meeting
3rd Saturday	10:00 AM Prayer Meeting

## Cobell Questions?

### Landowners/ IIM Account Holders

If you have questions regarding the Cobell Law-suit or know someone who may have questions/concerns, talk to a well-informed person with the "Garden City Group" (GCG) by calling their toll free number: 1-800-691-6109, or e-mail them at: info@IndianTrust.com

## CULTURAL WELLNESS GATHERINGS

**AA Meeting**  
The Foundation Every Tuesday 12-1PM  
Muckleshoot Recovery House Lunch Served  
39225 180th Ave SE  
Auburn Wa. 98092

**Feather Healing Circle**  
39015 172nd Avenue SE Tuesdays 5:00 pm  
Auburn, WA

**Grief and Loss Support Group**  
Wednesday's 6:00pm -8:00pm  
Behavioral Health, Bear Lodge

**Women's Group**  
Muckleshoot Tribal College Thursdays 5:00 pm

**Boys Mentoring Group**  
Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00 pm

**AI-Anon Meetings**  
Auburn First United Methodist Church Monday 10:30 a.m.  
E. Main & N St. S.E.  
Auburn, WA 98002

**Federal Way Sunrise**  
United Methodist Church Monday 6:30 pm  
150 S. 356th St.  
Federal Way, WA 98003

### ATTENTION MUCKLESHOOT LANDOWNERS:

**Reminder** to update your address & or phone number when there is a change in services. The Muckleshoot Realty department 253-876-3170 and OST toll free number 1-888-678-6836. This will enable us to provide important notices of meetings and or signing authority. The BIA/OST will contact you if they have issues that need immediate attention such as but not limited to your IIM statements and Probate hearing notices. *Thank you, Realty staff*



### AUBURN MUFFLER & AUTO REPAIR

**JOSH COLSON- OWNER/CUSTOM EXHAUST SPECIALIST**

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Maximum savings \$75.00

EMISSION CERTIFIED DIAGNOSTIC SPECIALISTS  
The Best Looking Exhaust Anywhere! Guaranteed!!!

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253-939-1979

**MUCKLESHOOT INDIAN TRIBE PURCHASE ORDERS EXCEPTED!**

IN THE MUCKLESHOOT TRIBAL COURT OF JUSTICE  
FOR THE MUCKLESHOOT INDIAN RESERVATION  
AUBURN, WASHINGTON

IN RE THE PROTECTION OF: Case No. 11 MD-CV-0212-BM

C.S. MOTION OF BESTER BEARING ON PERMANENT PROTECTION UNDER AND MODIFICATION ORDERING

DATE: 07/19/11

TO: CHRISTINE BEARER, MAGISTRATE  
DATE: 06/20/11

YOU AND EACH OF YOU will please take notice that a hearing will take place on Thursday, the 20th day of MARCH, 2013 at 10:00 AM, in the MUCKLESHOOT TRIBAL COURT OF JUSTICE, located in the Muckleshoot Indian Reservation, Auburn, Washington.

The purpose of this hearing is to determine whether or not the permanent protective order should remain in effect and a hearing regarding modification.

The parties are each notified to have someone represent them at this hearing, but at their own expense, meaning that they will be solely responsible for any fees charged by that person.

If you have any questions regarding the nature of this hearing or the location of the court, please contact either the court clerk at (253) 976-3203, or the tribal prosecutor at (253) 976-2893.

Dated this 9 February 2011

/s/ MARGIE J. BROWN  
COURT CLERK / ADMINISTRATOR  
PHONE: (253) 976-3203  
FAX: (253) 976-2868

### St. Leo The Great

## Catholic Mass

Every Sunday at 1:30 p.m. please join the Tacoma Kateri Circle and Father Pat Twoby, S.J. in celebrating the Catholic Mass. Native American Catholics are encouraged to celebrate the sacraments whether you are a regular parishioner or have not been to mass in months or years. Every third Sunday at 12:45 p.m. we have our Kateri Circle meeting, we are seeking new members. After the mass we will have a delicious potluck. St. Leo's is located at 710 South 13th Tacoma, WA 98409. Our website is www.katericircle.com

## MUCKLESHOOT INDIAN CASINO

### You can now apply for jobs ON-LINE

Visit [www.muckleshootcasino.com](http://www.muckleshootcasino.com) and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:  
Monday – Wednesday 9am to 6pm  
Thursday 9am to 9pm  
Friday 9am to 5pm  
HR Phone Number 253-929-5128

## Catholic Mass

with Father Pat Twoby

### St. Claire's Mission Chapel Muckleshoot Reservation 3rd Saturdays at 5:00 PM

## Come work for Your Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at [www.muckleshoot.nsn.us](http://www.muckleshoot.nsn.us)

## EVENTS CALENDAR

**February 22** **End of Season Salmon Dinner**  
3pm - Pentecostal Church

**March 2** **Memorial & Headstone Blessing for Mary Lynn Ross Sr.**  
9am White Lake Cemetary and Muckleshoot Shaker Church.  
Call Theresa Jerry at 253-347-3774 or Little Mary at 253-736-4798 for more info

**April 8 - 11** **Muckleshoot Adventures Spring Camp**  
Ages 7-17. Call Stephanie Flesher at 253-876-3357 for more info.

**SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!**  
Muckleshoot.Monthly@muckleshoot.nsn.us

## Squaxin Tribe purchasing interests in allotments on Squaxin Island

The Squaxin island Tribe's Department of Planning and Community Development is purchasing undivided fractionated interest in allotments on Squaxin Island. The BIA's Title Status Report indicates who owns these interests. There are at least twenty-four (24) tribes in the surrounding area who have members eligible to sell their interest(s). The allotments include:

- 3 Isaac / Chavittstied
- 4 Old Man Sindam
- 8 Old Man Sedulk
- 12 Tom
- 13 Kate Charley
- 14 OldManSollatah
- 16 John Senaksub
- 17 Tyee Bob
- 18a Peter Klabsch
- 18 Peter Klabsch
- 19a John Sealth
- 19 John Sealth
- 20 Henry Kopel
- 21 Tobolitsa
- 22 Jack / Yesapab

The Tribe is paying individuals the appraised value of the land, the full fair market value of the timber outside established buffer zones, and 50% of the value of timber within the buffer zones. Generally timber cannot be harvested within the buffer zones established in the Tribe's Forest Management Plan. The Tribe will only purchase interest in allotments that have been appraised by the BIA, Office of Special Trustees. Appraisals are conducted annually.

Purchasing will be conducted on a first come-first served basis. The date of your application will establish your priority status.

If you are interested in selling your undivided fractionated interest in any of these allotments, or if you just want to check and see if your name is listed on the Title Status Report, please call Esther Fox, Real Estate Manager of the Squaxin Island Tribe at (360) 432-3864 or email [emfox@squaxin.us](mailto:emfox@squaxin.us). Photos are available.

## 2013 Hunting Season

Everyone will need to sign and pick up their own tags, as well as sign the notice that you received a copy of the regulations.

If you get a DH you will need to come in and sign your tags, and then you will have to leave them here for the DH to sign and pick up.

**No more letters or phone calls or relative "pick ups" will be allowed. NO EXCEPTIONS.**

*Thank You!  
Wildlife Staff*

## Happy Birthday Lillian Moses!

Love Mommy and Daddy



### Greetings from the Land of Enchantment!

I just wanted to write to tell you how much we enjoy reading the Muckleshoot Monthly down here – especially when my grandson Mike Jerry is in the paper! We are so proud of him. Thank you very much!

– Rachel Blackwater, Acoma Pueblo



Regina Blackwater, in red, at the graduation of her daughter, Alfie Levaldo.



### HAPPY BIRTHDAY!

Neleo Moses, Desmond Moses, Talyn Weir-Moses, Dakota Moses .....b u s y grandma this month!!!  
LOVE , KISSES, & HUGS  
from Grandma, Theresa :&

### KIANA AND DELLA DOMINICK

PROUD PARENTS ARE JORGE DOMINICK AND DIANA TECUMSEH WISHING YOU ALL A VERY MERRY CHRISTMAS!!! HAPPY NEW YEAR!



Baby Della



JANUARY 6<sup>TH</sup>

### Happy Birthday Darren James Redthunder & Daria Thunder



Dec 4 - Happy 19th birthday Andrew Dean Elkins

### December 20th Happy 6<sup>th</sup> Birthday Westin Mommy loves!!!!!!



ASK ME IF I AM OK, I TELL YOU "I AM FINE"  
ASK ME IF I AM HAPPY, I WILL SMILE AND TELL YOU A LIE  
ASK ME IF I SLEPT ALL RIGHT I TELL YOU "THE WHOLE NIGHT "  
ASK ME IF I CRIED I WILL TELL YOU "I JUST HAVE A HEADACHE"  
TELL ME YOU LOVE ME I WILL TELL YOU " I HONESTLY DO"  
– Veronica Milne



Make a wish Bunny! With help from Ramona Elkins II.



Madrienne Salgado with her 1st drum!

### Happy 11<sup>th</sup> Birthday, Sean Elkins!



2/11/13 - Happy 14th birthday Arlissa Thunder ! Love mom!